



# THE FRIENDLY VISITOR

## Grace Lutheran Church



Volume 2, Issue 10

Companion Congregation: Msindo Parish in Tanzania

September 15, 2009

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[www.gracedm.org](http://www.gracedm.org)

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**Worship Times**  
Sunday – 8:15 a.m. & 10:45 a.m.

LaVoz de la Esperanza  
Sunday - 10:45 am

### “Never so proud of the ELCA...”

You are reading a headline that you won't read in many newspapers, nor will you read this headline in many church newsletters, and nor will you hear this spoken from many pulpits. I write this headline on behalf of those who don't get a chance to speak and I write this headline because of the totality of what we are as the Church.

The Bishop of the Church asked us, who attended the assembly, what our witness would be. After much prayer and as one who attended the ELCA national assembly I think we have something very important to say to those who are not churched.

We have opportunity to speak about a Church that is second to none in addressing the needs of the hungry in this world. We have opportunity to speak about how we are partnering with the U.N. in a joint effort to end Malaria in Africa. We can speak about passing a Sexuality statement by a two thirds vote that clearly and strongly asks us to warn about the exploitation of our young people in regards to sexuality. This same statement pushes back against the notion that individuals can do what they want and instead speaks about the importance of a community of faith, of public accountability, and of the gift of intimacy that God has given us.

We have opportunity, in a world that tends to shout at each other, or react out of emotion and hurt, or use resources to punish those we don't agree with, to witness to the totality of the Church. To witness to the Word and Sacrament that is offered weekly TO ALL PEOPLE. We have the opportunity to demonstrate that we indeed view each other as Children of God which means we may RESPECTFULLY disagree. To witness to a unity that is in Christ Jesus, a Lord who challenges us, and confronts us. This Lord who can pass through locked doors to bring peace and purpose certainly can pass through our own opinions to bring peace and a renewed unity of purpose.

This is what I saw at the ELCA National Assembly. I know for a fact the people around me were primarily lay people, without agenda, who prayed and struggled before they voted. They acted in faith and trust. I did not know what words to put to my experience of this until I read my facebook page as a number of younger members responded to my expression of sadness over those who publically labeled some as faithful and some as not. A number of these younger members wrote this simple phrase, “I have never been so proud of the ELCA.”

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So, what will be your witness? All that we do as the Church is never always good or right, but we are still the Church, called to boldly act, to be quick to listen, slow to speak, leaning always toward mercy, and seeking justice. I think we have something good to say to this world about the ELCA and I would encourage you to tell this story. I think others would be proud when they see all that "we" have been called to do and be.

See you in worship! Pastor Cline

### **Weekly Wednesday Devotions Continue!**

Thank you to all who have donated devotions over the summer months. We are currently filled through the middle of October (WOW!), but we will need some devotions to take us through the end of the year. If you are interested in writing one or more devotions, please send it to me via e-mail ([medhurstk@msn.com](mailto:medhurstk@msn.com)) or US mail (15906 Winston Avenue, Urbandale, IA 50323). As we continue through the end of the calendar year, we will need 6 more Pentecost devotions, 3 Advent devotions and 2 Christmas devotions. A sign-up sheet is in the Gathering Hall. If you are interested in trying your skills for writing a devotion, but don't know where to begin, please contact me for some ideas (987-7521). It really isn't as intimidating as it sounds and we welcome devotions from all ages!

Also, if you would like to be included in the weekly distribution of these devotions, please send me your e-mail address. There are also paper copies in the Gathering Hall for those who do not have e-mail or prefer paper copies.

### **Join us in the Beavertdale Fall Fest parade September 19!**

Grace will have a unit in the parade and all members and families are welcome to join us. We will meet at the First Federated Church parking lot, 48th & Franklin at 9 a.m. You might carry a banner or a sign, or hand out block party flyers. We'll take care of the details. Contact Kathy and Kurt Bowermaster at [kbowerma@hotmail.com](mailto:kbowerma@hotmail.com) or look for our sign-up sheet after worship on September 6 and 13. Come join the fun and enhance Grace's presence in the neighborhood.

### **Luther Park Volunteers Needed**

Luther Park is in need of escorts on September 20 and 27. As an escort, you would help the residents attend their worship service. We can leave Grace after the 8:15 service or meet at Luther Park by 9:30 a.m. If you would like to volunteer, please call the church office or call Barb Tussing at 278-2039. Thank you.

### **EMMAUS REVISITED**

Come and discover the unique story we have to tell as individuals. Come and rediscover the reality of the resurrection. On Sunday, September 27<sup>th</sup>, from 6:30-8:30 p.m., we invite the whole congregation to gather for this unique event. We think you will find this evening enjoyable and insightful. To be a witness is our calling and each one of us have been uniquely gifted to do this. Mark your calendar, plan to attend. And if you have thought about deepening your spirituality, this is a good first step. Join us.

### **BLOCK PARTY REMINDERS**

If you haven't done so yet, mark your calendars for Grace's block party at **Riley Park on Wednesday, September 30 from 5:00-7:30pm**. Musical entertainment, food, and a variety of children's activities are all free, and you won't want to miss out on the fun. Make yourselves comfortable and bring your own blankets and lawn chairs if you like. If you haven't had an opportunity to sign up to help out that night but would still like to, please contact a member of the Lay Ministry Team. Team members are Sharon Morse, Denny Rehder, Verda Swanson, Carla Peterman, Joyce Lewis, Matt Jordahl, Kristin Medhurst, and Tammy Denton. We look forward to seeing you there!

Please also note that we will be doing a **neighborhood canvassing** to spread the word about the party on **Wednesday, September 23 from 6:00-7:00pm**. We will be delivering door hangers to houses in the area. You can arrive at Grace anytime between 6:00 and 7:00pm. If you'd like to help with this, please contact one of the Lay Ministry Team members as well.

## Lutheran World Relief

Grace Women's LWR committee is starting to put together kits that they have purchased with the money you contributed last Spring and also from the items collected during the Sunday School Health Kit Drive. If you would like to help put kits together, please come on Tuesdays, September 22, 29, and October 6, at 10:30 a.m., in Msindo Hall.

The Fall Drive begins September 27 to collect funds for the 2010 Spring Drive. LWR posters and kits will be on display, starting September 27, October 4, and October 11, culminating in the Ingathering Service on October 11. Contributions can be given to the committee members at the display or put in the offering plate (in a pew envelope marked LWR). Checks can be made out to "Grace Women LWR".

If anyone has access to boxes, approximately 20"x12"x12", that we can use to pack the kits, please put them in the Msindo kitchen in the basement. Thank you!!

## Men in Mission

Men in Mission will meet Thursday, October 1, at 6:30 p.m. Our speakers will be the Dostilik Family. They will tell what Marfan Syndrome is and how it has affected their family. Please join us for a good meal, program and fellowship.

### **Are you interested in a once-in-a-lifetime experience?**

Are you interested in being a member of a delegation to Tanzania, helping host visitors from Tanzania, OR are do you just want to learn more about our Christian friendship and work in Tanzania? Join us for a short meeting after the second service on Sunday, October 4, in Grace Hall, for information about our Companion Congregation Committee and our plans for the next two years. You are not committing to anything, but just becoming more educated about our international relationship. We are considering a trip to Tanzania in late 2010 and helping with a water project for our companion villages. Become a part of this exciting and rewarding experience!! Asante Sana !!

## Senior Members' Meeting

October 4, 5:00 p.m.  
"WII" Bowling  
Light meal

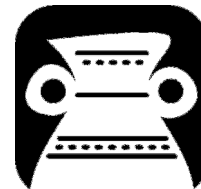


## NEW MEMBER SESSIONS

On Wednesday evenings, October 14 and 21, from 6:00-7:30, we will hold New Member sessions for those interested in joining Grace Lutheran. Perhaps you know of people who seek to be part of an ELCA congregation that deeply values the work of the Church, invite them! These sessions will take place in Grace Hall 2.

## Church Services to Go

If you missed a service or would like to "revisit" a service, DVDs of the Sunday services are now available for check out in the church library. The library will maintain about two months of services. If you can't find the service you are looking for, please call Diane Heid at 254-0379.



***"Just like the clay in the potter's hand, so are you in my hand, O house of Israel" (Jeremiah 18:6b).***

Did you notice the new display in the Gathering Hall cabinet? Stop and take a look to enjoy the pottery made by Marion Nehmer. Thank you, Marion, for sharing your gift!

If you have an interest in coordinating the rotating displays in the cabinet and encouraging others to share their gifts or collections in this way, please contact Stephanie Johnson. Displays are scheduled on a 2-month basis. In the meantime, if you have a collection that you would like to display, please contact Stephanie Johnson as well. It's fun to see what others have to share!

## Music Notes.....

**Thank you, thank you, and thank you!!!** Carol Woodruff and I, plus all the bell choir members, are so appreciative with the generosity of your monetary gifts so that we could totally refurbish the entire 5-octave set of hand bells. Many of the members of Grace, in conjunction with a large contribution from the Herb Olson Memorial, allowed us to have Marlowe Cowan and his crew, totally replace worn parts, make adjustments, polish the bells, and bring them to near new-like condition. When I picked up the finished bells, I felt like a kid at Christmas as I opened the bell boxes to look at them. The members of Grace Bells were pleased to see the results of the refurbish. "They're so shiny," and "They sound like new," were remarks that I heard from members as we played them for the first time on September 2. Since everything is new, springs, washers, etc., we need to make minor adjustments for our own ringers as we prepare to play on September 27<sup>th</sup> at both services. Again, thank you for your generosity and willingness to see that these bells are maintained.

Our music schedule is now in full swing. The Grace Bells, Grace Brass, Chancel Choir and Youth Bells have all had rehearsals and will be providing music for our worship services. The membership in all the ensembles, with the exception of Youth Bells, is excellent. The groups are ready to take an active role in the worship at Grace. The Chancel Choir will have been at both services on Rally Sunday. The Grace Bells will provide music on September 27<sup>th</sup>. Grace Brass will take an active role at the Block Party. Everything for these groups is moving forward. These ensembles are always looking for additional members. We experienced a growth in the number of ringers for Grace Bells. We have "extra" pairs of hands, a good problem, and rotate people in and out during rehearsals. It is wonderful to have these extra people. Though, with the addition of 2-3 more people, we could possibly start an additional bell choir. That would be exciting times!

I know that Carol would love to have more students, grade 6-12, for the Youth Bells. As we begin to increase our Wednesday activities, perhaps more of our youth will be able to participate. I would hope that you would encourage your student to take an active part in this portion of the life of the church. The Youth Choir (grades 1-5) and the Chapel Chimers (grades 3-5) will begin meeting on October 7<sup>th</sup>. Chapel Chimers is from 5:30-6:00 and Youth Choir is from 6:00-6:25. Carol and I have been looking through lots of "fun" music for these ensembles. They will also have an active part, hopefully once a month, in the worship life of the church. Please encourage your student to be an active member.

Many plans are being formulated for the worship services at Grace. It is always an interesting challenge to help put together each worship service. I, in conjunction with Pastor Cline, have been working on an Advent service for the 6<sup>th</sup> of December. Several octavos have been selected to be interspersed with appropriate readings, congregational responses and hymns. I hope that it will be very meaningful to the congregation. The Bells and Brass presentation will be December 13<sup>th</sup>. A wide variety of styles and arrangements of many holiday songs, plus ringing techniques and percussion instruments will be presented that afternoon.

In repeating a portion of last month's article, a great deal of time has been spent looking for music that will enhance the worship service here at Grace. Pastor Cline and I have visited about the music that was chosen and the impact that might have during worship. A great many styles, traditional chorale, contemporary, spiritual, etc., are currently being rehearsed by the Chancel Choir, Grace Bells and Grace Brass. Many ideas for worship and how these songs will be used have started to be formulated.

As always, it is a pleasure to serve the people of Grace Lutheran.

RICH



## About Esperanza Ministry

### ***“There’s ministry in the ministry:” We move forward together***

In the past two months, we sought to be intentional in invitation and outreach – and listen deeply to voices within our congregation and out in the community – to discern whether we are called to continue a ministry with and among Latinos here in this place. We discovered:

- A congregation of voices that speaks two languages saying – this is who we are, this is ours, and it is “worth fighting for.”
- A community of people who thirst to know God on a deeper level.
- A family of the baptized who want to go forward and invite in those who desperately seek good news and have yet to experience it.
- A congregation of folks still seemingly willing to continue to risk it for the sake of the Gospel – even though we have no guarantee of the outcome.

Now, at this juncture, the congregation, by action of the church council, has chosen to move forward with Esperanza ministry. **But moving forward will take all of us.**

#### **These are exciting times. You can be part of it. How?**

- Learn about the ministry. Get to know the people. Attend a Spanish service. Take part in outreach efforts. Participate in a Bible study or fellowship event.
- Fill a specific need the ministry has – for liturgists and musicians, for persons with Spanish-speaking and interpretation skills, and for persons who like to work with youth.

**What’s next in our shared ministry?** We continue to hold a Spanish service at 10:45 using a combination of clergy and lay leaders from within Grace. And the following things are in the works:

- **An “evening of neighborhood outreach” – Wed., Sept. 23**, 6-7 p.m. as part of the congregation-wide block party promotion.
- **“Emmaus Revisited”** – committed small group Bible Study, faith-sharing and fellowship opportunity for about eight people total (half Spanish-speaking, half English-speaking).
- **Bilingual Bible studies** – open to the entire community, but primarily geared toward Spanish-speakers.
  - **Sundays, Sept. 27-Oct. 18** at 9:30 a.m. Focus: biblical stories of invitation and outreach.
  - **Wednesdays, Nov. 18 and Dec. 2, 9 and 16**, 6-7 p.m. Focus: “Why Lutheran?” – the gifts of the Lutheran voice to Christianity.
- **Community resource and hospitality fair** and/or a **spiritual event** centering on an occasion of religious significance in the Latino community.

#### **Connect to Esperanza Ministry**

To get involved or share your talents, contact Ellen Wonderlin, Coordinator for Latino Outreach, 276-6873, [ellenwonderlin@aol.com](mailto:ellenwonderlin@aol.com). **Worship in Spanish is at 10:45 am. Sundays in Esperanza Chapel.**

## 6<sup>th</sup>-8<sup>th</sup> Grade Confirmation News

Saturday, September 26<sup>th</sup>

Confirmation Retreat

9:00 a.m. – 12:00 p.m. – at Grace

1:00 p.m. – 7:00 p.m. – at Honsey's Farm

We need volunteers to help with lunch at Grace and transportation to the farm.

Wednesday, October 7, 6:30-7:30 p.m.

Confirmation Classes begin in LaVoz Chapel

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### Dates for Ninth Grade Confirmands

On October 4 at 9:30 a.m. there will be a Confirmand Parents' Meeting. Please bring information for gown rental (height and weight). Also, please bring the verse he/she has chosen.

The Confirmation Dinner will be held on Sunday, October 11, at 6:00 p.m., in Grace Hall. You will be receiving an invitation in the mail.

Confirmation Day will be on Reformation Sunday, October 25, at the 10:45 a.m. service. Pictures will be taken beforehand.



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### Teenage Parenting Workshop

(please note the change of dates)

Parents of teens,  
Do you ever find parenting your teenager difficult, frustrating, confusing or even scary? You do not have to navigate the river of adolescence alone. Join us in a parenting workshop developed by Dr. Kevin Lemman titled: Running the Rapids: Guiding Teenagers Through the Turbulent Waters of Adolescence.

This workshop begins Sunday Nov. 1 through Dec. 6. We will meet in Grace Hall 2. Please register as we need to order enough materials for all participants. Please contact Cherie Rissman by phone or e-mail. 270-0278 or [cherierissman@hotmail.com](mailto:cherierissman@hotmail.com)

## Sunday School Support Team

Our church is blessed to have a dedicated staff of Sunday school teachers. This year our blessings continue as we now have a Sunday school support team. This team provides the additional support that our teachers need through out the year. In addition, this team provides the work it takes to keep our Sunday school program running smoothly and assisting with larger events such as the intergenerational events. Our Sunday school support team consists of:

Cherie and Jon Rissman  
Suzanne Carney  
Liz Dungan  
Kristin Medurst  
Stacy Speck  
Melissa Kallenbach

### SUPER WEDNESDAY KIDS' HOUR! (Beginning October 7)

Do you want to see your kids get excited about God? Do you want to see them share and grow in their faith? We are excited to announce our engaging new midweek program for **grades 1-5**. We hope that your children will join us on **Wednesdays from 6:30-7:30pm** for a faith-filled hour of games, songs (think VBS!), and a variety of bible-based activities.

Please sign up on the youth bulletin board across from the library or outside the Sunday School office so that we can prepare. We will start out in the gym each week, so let's meet at the foot of the stairs by the church office at 6:30pm. **Parents, please pick up your children in Sunday School room 101 at 7:30pm so that we know they are safely in your care.**

If you would like to help with the program each week, or if you would be willing to serve as a substitute, Stephanie Johnson, Beth Flannery, and Bev Anderson would welcome the help. Either adult or youth volunteers are welcome. See you on Wednesdays for Kids' Hour!



Share God's Word



## FALL FAMILY FUN DAY!

Did you know that we have a Grace Family Fun Team? This is a new group that has formed to plan seasonal family events throughout the year. Members are McLissa Lawson, Stacy Speck, Michelle Voelker, and Stephanie Johnson. Activities are planned with children up to 5<sup>th</sup> grade in mind, but anyone is welcome at any time.

Mark your calendars for **Saturday, October 24!** On that day we will meet at Geisler Farms in Bondurant for a host of fun fall activities. We will start out our time there with a group hayrack ride, followed by a choice of things to do including a corn maze and a variety of other children's activities, and then we will all meet around a firepit for some marshmallows and s'mores. Sound like fun? The more the merrier, so we hope to see lots of you there! The details are as follows:

**Date:** Saturday, October 24

**Time:** 2:00-4:30pm

**Place:** Geisler Farms

5251 NE 94<sup>th</sup> Ave.

Bondurant, IA 50035

[www.growingfamilyfun.com](http://www.growingfamilyfun.com)

**Cost:** \$6.50/person (children 4 and under are free) includes all activities  
Additional cost for optional purchase of pumpkins, but visiting the pumpkin patch is free

**What to bring:** roasting sticks if you have them (we will provide the s'mores)

*Snacks are also available for purchase at the farm.*

Please sign up by Sunday, October 18 on the youth bulletin board across from the library. No prepayment is needed. Directions to the farm can be found on the website or on the bulletin board. Please arrive early enough for us to assemble, check in as a group, and be ready for our hayrack ride at 2:00pm.

If you would like to join the Grace Family Fun Team, please contact Stephanie Johnson. We'd love to have you!



## Thank you!

I appreciate the many well wishes I have received following my coronary by-pass surgery. It is both heartwarming and humbling that so many people care. Thank you so much. Thanks to the pastors for their visits while in the hospital.

Dick Sempel

## National Youth Gathering Updates

On July 20-27, 27 youth and adults traveled to New Orleans to experience the National Youth Gathering and to try to make a difference in the lives of the people of New Orleans. The following are the thoughts of three of the people who went. You will hear from more of the participants in coming newsletters, devotions, and in the Grace Works publication.

New Orleans ended up being one of the most fun experiences of my life, so far. After Katrina I heard so much about the Superdome being in use, but I never knew that it was going to be used for worship also. There was so much energy, and so many grateful people in New Orleans. I loved it.

I've never seen so many people for God in one place. I became closer to so many people and met so many more. I'm happy I got the chance to go on the trip and thankful for everyone who helped make the trip possible.

Amy Wonderlin

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The Gathering was a lot of fun. I really enjoyed going to the Mass Gathering every night. It was like a big party. I liked visiting all the places that we visited and the restaurants that we ate at it were really good.

Gary Denton

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This was probably one of the best weeks of my life. We did so many fun things. I looked forward to going on this trip for three years because when Jonathan and my mom came home from the '06 Gathering they were telling all these fun stories and made it seem so fun.

My favorite part of the trip was every night when we went to a Mass Gathering. The best night was when we went on the floor, instead of up in the bleachers. We went to the dome and waited outside for about two hours so we could be on the floor. We listened to the band, The Katinas. That night we also did a conga line. Not everyone went with us on the floor, there was only about ten of us.

One of the many things I learned on this trip was to never judge something before you try it because you might like it a lot. I didn't think I liked Christian music but I figured out it was pretty good. I wish I could go on the next trip, but I probably can't because I will have baseball. Everyone that can, should go because it will change your life!

Jason Fry





## Stewardship Corner

Jesus said, *"The harvest is plentiful, but the laborers are few; therefore ask the Lord of the harvest to send out laborers into his harvest"* (Luke 10:2). Through God's grace, you are given time, talents, and resources to be God's instruments here on earth. *"And we pray this in order that you may live a life worthy of the Lord and may please Him in every way: bearing fruit in every good work, growing in the knowledge of God"* (Colossians 1:10).

We currently have a Stewardship Planning Team in formation. Stay tuned over the next few weeks for more information about our Fall Stewardship Program. So far, members of the team include Brad Lint and Karen Taylor. We are looking for a few more people to join us. Please prayerfully consider serving in this way as we seek to use our resources of time, talent, and treasure for the Spirit's work in this place. Contact Stephanie Johnson if you would like to be part of the team. Thank you!

### **THE GOSPEL PROVIDES POWER FOR CHRISTIANS TO DO GOD'S WILL.**

"I am not ashamed of the gospel, because it is the power of God for the salvation of everyone who believes . . ."  
(Romans 1:16).



### **About LSI: Focus on Abilities Strengthens Communities**

Lutheran Services in Iowa's (LSI) services for people with disabilities (SFPD) program empowers persons with disabilities to build the skills they need to become an active part of communities in Iowa, including the workforce. SFPD's supported community living program is a goal-oriented service that assists individuals through one-on-one interaction with life skills such as money management, cooking, personal hygiene, socialization and communication, safety and more. It is through the focus on abilities that LSI helps those with a disability accomplish their goals and have a positive impact on their community.

Visit [www.lsitips.com](http://www.lsitips.com) to read more about how you can help provide independence for a friend or loved one with a disability.

### **New Healthcare Office for Women**

In the United Way Building there is a new healthcare office. This office provides women with healthcare services with or without insurance. They offer services in three languages. No questions asked concerning legal status.

### **Free Store Needs**

The Free Store helps CFI Domestic Violence Services clients. This year through May they have had 109 requests, including 164 children who have received 151,000 lbs of furniture worth \$165,000. They have a need for strong people who can pick up furniture on Monday, Wednesday and Friday mornings and help move furniture for clients on Saturday mornings.

For more information or to schedule a pickup call 225-2020 x4 or [www.thefreestore.org](http://www.thefreestore.org).

## **Lutheran College Fair**

Faith Lutheran Church  
10395 University Avenue  
Clive, IA 50325

6:45 p.m. Registration Begins  
7:00 p.m. – Financial Aid Seminar  
7:30-9:00 p.m. College Fair

For more information on this event,  
Visit [www.lutherancolleges.org/events](http://www.lutherancolleges.org/events)

## **Being Prepared**

In the spring of 2008, Iowans experienced first-hand the importance of being prepared. The disasters that affected thousands of people and devastated communities left many wondering what actions to take and how to respond. Being prepared to act on a moment's notice can save property and lives. That is why Lutheran Services in Iowa's disaster response services are not only working with families as they continue to recover, but LSI also offers congregations assistance in creating preparedness plans in case disaster strikes the church, its members or the community.

September is National Preparedness Month, a great time to sit down with your family or congregation and develop an emergency preparedness plan. Being prepared for any situation protects your family and allows you to act in these critical

situations. To find emergency preparedness tips for your family, go to [www.lsitips.com](http://www.lsitips.com) or visit [www.ldr.org/prepare](http://www.ldr.org/prepare) and read how your congregation can prepare for emergencies. To contact LSI about our disaster response services, e-mail us at [lsi@lsiowa.org](mailto:lsi@lsiowa.org).

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## **PEER Advocate Program**

This program is seeking volunteers age 60 or older to serve as advocates for seniors in Polk County. PEER advocates help seniors live independently in the community by connecting them with existing services. Duties may include delivering meals to someone who was recently hospitalized, sharing information or assisting in applications for community programs. PEER Volunteers empower themselves by helping others. Training provided.

*Call Ranae at 286-2112 for more information.*

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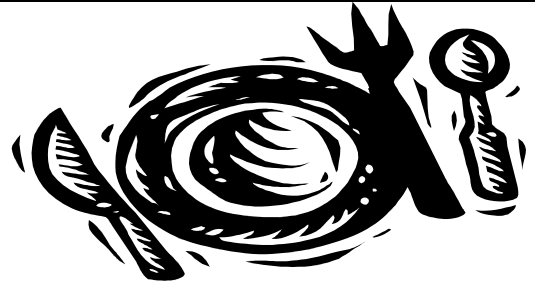
## Full Plate

Featuring ideas to help us live out our mission theme –

*“Come to be fed; leave to feed others.”*

September-October 2009

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### Lecture to Focus on Global Food Security

With more than 7,000 plants available for food, 60 percent of the global diet is derived from corn, wheat and rice. Farm organizations and food industries often claim that advances in biotechnology of these crops are required to meet growing demands on the food supply - but at what cost? 1995 World Food Prize Laureate Dr. Hans Herren explores an agricultural agenda that establishes global food security, environmental sustainability and social justice at a lecture and discussion entitled *“What Will the World Eat?” U.S. Impact on Global Food Security.*

- **Monday, October 12**
- Polk County Convention Center, Room 204
- 5:45 pm Reception, 6:15 pm Lecture and Discussion
- Free and open to public

Herren is the President of the Millennium Institute in Arlington, Virginia.

Sponsored by the Food & Society Fellows Program at the Institute for Agriculture and Trade Policy and the Worldwatch Institute. For more information contact Angie Tagtow, [angie.tagtow@mac.com](mailto:angie.tagtow@mac.com), (515)367-5200.

### Volunteers Needed for Neighborhood Beautification, Home Weatherization Project

Through a grant from Thrivent Builds Neighborhoods, Greater Des Moines Habitat for Humanity and Rebuilding Together will host the last in a series of neighborhood beautification days to help residents replace retaining walls, complete fall lawn work and home maintenance, and assist with weatherization of their homes.

**When:** Saturday, October 3, 8 a.m.-noon. Lunch provided

**Who:** Volunteers ages 14 and up are welcome! (No experience necessary.)

**Where:** Between 16th and 19th Street on Washington Avenue in the King-Irving

neighborhood. Volunteers will meet at Casady School (16th and Jefferson - south of Hickman) to register, have a brief orientation and be assigned their projects.

**More information, contact:** Shelly Bernholtz, Greater Des Moines Habitat for Humanity, 471-8686 ext 125 or 778-2721, or Robin Hamel, Thrivent Builds Neighborhoods, 280-1674.

### Make a Difference on Sack Saturday

“Make a Difference Day” is a national day of helping others and a celebration of neighbors helping neighbors. Everyone can participate.

The Des Moines Area Religious Council Emergency Food Pantry will celebrate “Make a Difference” Day on Saturday, October 3 and Saturday, October 10. The goal is to have Sack Saturdays taking place in 10 grocery stores in the Des Moines metro area on each of those Saturdays. Sack Saturday volunteers encourage support of DMARC’s Red Barrel program by working in local grocery stores and asking shoppers to purchase hunger sacks for the red barrels, provide cash contributions, and/or purchase and donate individual food items

To participate contact Cindy Morton, [cmorton@dmreligious.org](mailto:cmorton@dmreligious.org) or call 277-6969.

**DMARC Food Pantry Seeks New Board Members**  
Des Moines Area Religious Council is looking to add 3-4 new members of the Food Pantry Board for three-year terms beginning in January 2010. The Food Pantry Board is a working board whose primary mission is to increase cash and food donations so that pantry sites can provide emergency food assistance to those in need.

If interested, contact Trudy Holman, 697-3666.

**Ideas or information to share?** Email [fivewon@aol.com](mailto:fivewon@aol.com), call 277-9312, or drop in the Communications box.



## Grace Kids Care Center

Providing quality care in a  
Christian environment for children  
Ages 6 weeks-5yrs.

Open Monday –Friday  
7a.m.-6p.m.

Full time daycare with a preschool  
program included for  
children 2-5yrs.

For more information call  
276-0943



# October Birthdays



October 1 Shirley Walker  
Paul Thielking  
2 Robert Campbell  
Margaret York  
Steve Johnson  
Christine Hines  
Andy Roat  
David Barge  
Eric Barks  
Ivy Mae Lawson  
3 Janet Yanders  
Barbara Knapp  
Maria Monrroy  
Howard Welty  
Sarah Stanley  
4 Roxanne Heller  
Ava Lund  
5 Paul Nelson  
Caleigh Cramer  
6 Kay Barks  
Danielle Englehart  
Amanda Jensen  
7 Ernestina Reaza  
Adam Bergman  
8 Nelda Sampel  
Harlan Mortenson  
Dawn Stallman  
9 Joanne Johnson  
Scott Ruhnke  
Riley Mortenson  
Sarah Weatherington  
10 Tom Kern  
Chase Young  
11 Christopher Kallenbach  
Daniel Harmon  
Emily Harmon  
Jeramie Mitchell  
Alexander Gutmann  
12 Benjamin Wonderlin  
Jacob Merkwan  
13 Deanna Hummel  
Sheryl Sauerma  
David Peterson  
Jessica Warren  
Victoria Janson  
14 Jane Ridnour  
James Fenimore  
15 Denise Hotopp  
Chris Lawson  
Eryn Lenhart  
Kyra Lenhart  
Maya Lenhart

October 16 Joan Johnson  
Kara Jordahl  
Emily Harper  
Lukus Loehrke  
Margaret Joyce  
17 Gary Nelson  
Jennifer Marshall  
Roberto Ruiz  
18 Bruce Nelson  
Christy Joyce  
20 Dick Sampel  
Stuart Turner  
Miranda Richmann  
21 Sarah Schroeder  
Timothy Ruhnke  
Sage Speck  
22 Matthew Guyer  
23 Julie Anderson  
Ronald Vernia  
Trinity Newman  
24 Steve Roe  
Patricia Laning  
Melissa Kallenbach  
Andrew Murra  
Katherine Book  
25 La Corda Kueck  
Joyce Lewis  
Tina Meadows  
Sherri Sorensen  
Stephanie Meyer  
Tracy Buell  
26 Kurt Pierce  
Seth Kallestad  
27 Douglas Dinnauer  
Sarah Voelker  
28 Larry Oberg  
Max Sauerma  
Andrew Ostbloom  
Travis Ostbloom  
29 Jeanette Ziesman  
Franklin Peterson  
Jessica Russell  
30 Marni Vasquez  
Laura Tillotson  
Travis Brown  
Pedro Espericueta  
Maycia Welty  
Harriet Chapman  
31 Fay Cline  
Ashley Artzer  
Matthew Skladzien  
Tanner Peeler

**Grace Lutheran Church**  
**3010 52<sup>nd</sup> Street**  
**Des Moines, IA 50310-1798**  
515-276-6873  
Fax 515-276-4048  
e-mail: [worship@gracedm.org](mailto:worship@gracedm.org)

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