



**GRACE
LUTHERAN
CHURCH**

Worship with Holy Communion
Sundays at 9:00 a.m.

Fellowship & coffee time at 10:00 a.m.
Active Grace Sunday School 10:00 – 11:00 a.m.
Adult Education Hour 10:15 a.m.

Office Hours 9 a.m. – 3 p.m., 1 p.m. on Fridays

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What is your story?

I am struck by a conversation last night. I was with my family picking up packets for the Zero Prostate Cancer Run/Walk and speaking with the organizer of the event. This event is something that we have done each year in memory of my Dad, "Grandpa Bob", who died of prostate cancer in 2014. As the organizer and I talked, we reflected on how it has grown each year. What started off as something small has now built into something that will likely raise over \$100,000 this year. He thanked me for walking with my family again, and I said that it is something we will do every year until the time comes we no longer need it. We both stood there in silence for a moment and then agreed that we hope that is in our lifetime.

The other side of the coin is that the event has grown larger each year because of the number of people who find themselves impacted by cancer, in this case, prostate cancer. The event itself has become very healing and life-giving to those who are there. You hear stories from the journeys of others. You share in grief and joy in the midst of our collective story, a community gathered which is determined to not let cancer have the last word.

What strikes me most is the way that we are not that dissimilar. As we gather together in community around the Good News of Jesus Christ, we too gather in a community that shares in stories, that shares in grief and joy, and which will not let grief, or death, or evil get the last word. We share a lot of similarities. Yet, there is one glaring difference. The church, not just Grace, has diminished most every year, while events like these continue to grow.

In many ways the church is at a crossroads. We have a message to proclaim. We have Good News, the greatest of news in Christ Jesus. Yet, fewer and fewer are hearing that message of hope. We have a mission to guide people to live differently through Christ. I truly believe that this is happening in ways that most do not even see. I also believe these stories are part of the key to the church turning things around.

What is your story? How is God working in and through you? I would love to hear from you, and I believe others would too. If we start to share our stories, suddenly things feel different. You connect with people on a completely different level, all while witnessing the ways that God is at work. It is a beautiful thing.

If you just had something come to mind, God put that image in your mind for a reason. Write it down, and if you are willing to share it with others (and I hope and pray that you are), share it. Send it to our Grace Lutheran Facebook page, or the Active Grace page, or send it to me at mike@gracedm.org and I can share it with others. Blow up my email. I dare ya.

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Happy October Birthday

- 1 - Katharine Radermacher
- 2 - Margaret York
Steve Johnson
Christine Hines
Andy Roat
Eric Barks
Ivy Lawson
- 3 - Howard Welty
- 4 - Ava Lund
- 5 - Paul Nelson
- 6 - Amanda Jensen
- 7 - Ernestina Reaza
Adam Bergman
- 8 - Nelda Sampel
Harlan Mortenson
- 9 - Joanne Johnson
Riley Mortenson
Jaxsen Traver
- 11 - Christopher Kallenbach
Emily Harmon
Daniel Harmon
Jeramie Mitchell
Alexander Gutmann
Fred Hofferber
- 12 - Benjamin Wonderlin
Lucas Radermacher
- 13 - Deanna Hummel
Sheryl Sauerman
Lt. Col. David Peterson
Jessica Warren
Victoria Janson
- 14 - Jane Ridnour
James Fenimore
- 15 - Chris Lawson
Eryn Lenhart
Kyra Lenhart
Maya Lenhart
Vincent Meillier
- 16 - Joan Johnson
Rev. Stephen Sherer
Kara Jordahl
Lukus Loehrke
- 17 - Roberto Ruiz
- 18 - Bruce Nelson
- 19 - Isaac Justice
- 20 - Linda Ross
Sean Stickrod
Stuart Turner
James Briggs
- 21 - Sarah Schroeder
Sage Speck
Owen Chenoweth
- 22 - Jane Allen
- 23 - Ronald Vernia
Trinity Newman

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I know there is a lot of work that the spirit is doing out there. I can feel it. It will be so life-giving to gather in such a way that we can hear these stories and see the many and varied ways that God is speaking to us.

In Christ,
Pastor Mike

Happy October Anniversary

- 1 – John and Carrie Schall
- 5 – Donald and Margaret York
- 6 – John and Tracy Justice
- 7 – Jeryl and Chris Janson
- 12 – Burke and Shirley Shiffler
Louie and Sue Anderson
- 16 – Ricky and Jennifer Huisman
- 17 – Bill and Anna Shea
- 21 – Delmar and Linda Vernia
- 22 – Joel and Stacie Holst
- 23 – Karri and Aaron Brandsfield
- 24 – David and Susan Halblom
- 25 – Brian and Sherry Brindley
Michael and Diane Heid
- 26 – Scot and Rebecca Sonius
- 27 – Hal and Michele Turner
- 28 – Michael and Marilyn Nizzi
- 31 – Lee and Delores Johnson



Our Sympathies are with

The family of Norene McWilliams
Niece of Ellen Batten

The family of Dick Naney



October Birthdays continued

- 24 - Melissa Kallenbach
- 25 - Joyce Lewis
Tina Meadows
- 26 - Seth Kallestad
- 27 - Douglas Dinnauer
Sarah Voelker
- 28 - Max Sauerman
- 29 - Col. Franklin Peterson
Jessica Russell
- 30 - Travis Brown
Pedro Espericueta
Maycia Welty
Jennifer Wohlenhaus - Bloomberg
- 31 - Monte Wilner
Ashley Artzer
Tanner Peeler
Kellen Johnson



A Place for the Word

When in the sanctuary, you have probably noticed some changes in the chancel. We have a removable communion rail and a new altar. These changes are very similar to what was there before. The question asked most is: "Where is the pulpit?" That is a great question. The short answer, we do not have one. The longer answer is wrapped up in an odd word: ambo.



With the limited space and grace filled theology, we have moved to a system of having a single place for the Word. If you haven't thought of it this way before, our worship has two main parts, the Liturgy of the Word, and the Liturgy of the Meal. The lectern and pulpit were the place where the first part happened, and the altar has been the place for the second part. So, why an "ambo" instead of a pulpit and lectern?

Having separate places for the readings and the Gospel and sermon began to take hold as the Christian church moved from homes into church buildings. With the architectural advances came the desire to embellish on what was before. The lectern, although at times ornate itself, is literally a book holder. It was designed as a place for readings and could be occupied by anyone. The pulpit, which literally means scaffold, became a place that only someone ordained could occupy. The Gospels would be read, and sermons delivered from the pulpit. The stairs often climbed higher and higher, in some instances having the pastor standing at or higher than those in the balcony.

The earlier tradition was that of an ambo, which derives from the Greek word for "both." It was the place from which the Word was proclaimed. It was used in the house church and early church as the place from which both Old and New Testament are read. It is also the place from which held both scripture and sermon. Our Lutheran Theology would place the whole of scripture before us as it states, "sola scripture" or "word alone." It is not a distinguishing between Old and New Testaments, or epistles and Gospel. The whole of scripture is seen as the cradle that holds Christ.

The ambo, which was custom built for Grace Lutheran Church from designs created by Don Peterson, is the place from which we celebrate the Liturgy of the Word. It is the place where both shepherd and flock stand in awe of God through the holy scriptures. What a beautiful addition to our sanctuary.



Church Council Highlights

From the August 28th, 2018 Council Meeting

At the August 28th, 2018 Church Council Meeting:

- **Property Committee:**
 - Is dealing with repairs/renovations to Msindo Hall. The Renovation Committee is considering options.
 - The Sanctuary, Gathering Hall, and west entryway renovations are progressing nicely. First return to worship in the Sanctuary will likely be September 16th.
 - An upgrade to the HVAC control system has been ordered, to be paid for with funds from the Property Reserve Fund. The old software was not supported anymore. Hopefully this will help to better control temperatures in the gym and Daycare areas.
- **Malmin Committee:**
 - The digital sign installation is complete. The sign looks great!
 - The organ renovation is ongoing. If you haven't yet donated please consider helping us reach the goal. We are so very close!
 - The Malmin Fund Committee would appreciate ideas and suggestions from the congregation regarding how to spend the remaining Malmin funds. Contact Don Peterson.
- **Finance Committee:**
 - The Finance Committee reported that year-to-date pledged offerings are down.
- **Education Committee:**
 - Planning is ongoing to begin the Programmatic Year by adopting a service-based learning model. Students will choose and begin to develop a service project by September 30th.
- **It was moved, seconded, and passed** to approve the use of \$5,000 from the Property Reserve Fund to purchase the new software for the HVAC control system.
- **General Discussion Questions:** The Council discussed making changes to the placement of pews in the Sanctuary as follows:
 - Consider omitting the second to the last pew on the north side to give small children a carpeted area in which to play during worship.
 - Consider moving the two half-pews (which are no longer needed) toward the front of the Sanctuary, one on each side, in order to provide additional space for wheelchairs and scooters.
 - The Council felt these changes would make the Sanctuary a more welcoming space, and the proposals were adopted by general consensus.

Respectfully,
Dave Gronert, Council Secretary

Finance Report – Financial results for Aug YTD are as follows:

- Pledged Offerings – Actual \$259,084, Budget \$266,467
- Other Income – Actual \$20,567, Budget \$19,000
- Expenses – Actual \$299,612, Budget \$295,617
- Net activity – Actual (\$19,961), Budget (\$10,150)



Actual net activity was below budget by \$9,800. Offerings have been below budget and utilities and property improvements have been above budget are the primary reasons. These results do not include expenditures of the Malmin Funds.

Additionally, Daycare has been operating with positive results and ahead of budget.

Grace Kids Care

Staff Introduction Ashley Baldwin

Ashley joined the Grace Kids Care family 2 months ago and has been a great asset as our cook! Ashley has years of cooking experience and the kids have loved what she's been making! Her daughter Brodi is in our 3 year old room and loves helping Mom in the morning before she goes down to class. If you are around the building feel free to stop by, chat a bit and get enjoy the amazing smells always spilling out of the kitchen!



General Center Information

Grace Kids Care is a Peanut Aware Center: We have several children with food allergies so please be mindful if you are bringing special classroom treats into the daycare. Absolutely no peanut products may come into the center.

Baby Room: Our lesson plans are now more detailed, tracking and working on gross and fine motor skill for the different range of ages in the class.

Discovery Room: Everyone had fun dancing to Moana during their free dance class with Partners N Dance. Each week will focus on a new color, then shapes, followed by letters! Each student will be featured one at a time as a Super Star as the class learns more about their friends.

Preschool: We have been celebrating the start of the Fall, team sports like Hawkeyes/Cyclones, learning all about each other and practicing how to be a good friend and show kindness toward others.

Chapel: Classes will begin Chapel every Monday morning from 10-10:30 in the Sanctuary with Pastor Mike, Ellen, or Emma.



Lions Club Pancake Breakfast!

Saturday, October 6th, 2018

7 a.m. -11 a.m. in Grace Hall

Proceeds support our Sight and Hearing Foundation!

Several Grace members are a part of this Lions Club, and are active in the vision and hearing screenings conducted in schools and preschools for free. If you've ever heard them talk about the screenings, you know just how important it is to them AND the children they serve.



Grace Annual Community Pet Blessing

Cancelled for this year



Ladies Night Out met recently to enjoy food, friendship and faith. Keep your eye out for announcements about this group that meets monthly (most months). Meetings are social in nature, and all women of Grace are welcome! Bring your sister, friend or neighbor too!



Grace Fellowship will meet October 7th at 5 p.m. Pastor Minna Bothwell from Capitol ministry. Capitol Hill's members were born on five different continents and are from 23 different countries. ***Please join us for a light dinner and welcome Minna to our church.*** It should be a very enjoyable evening.



Lutheran World Relief

During the Lutheran World Relief one-hour Adult Education Event on Sunday, September 23, we assembled 234 school kits using the supplies you donated last month, 30 baby care kits, and tied 2 fleece blankets. Our fundraising drive is now up and will run through October 7. On Sunday, October 7, there will be a kit and quilt blessing during worship, and will pack them for shipping after the Adult Education hour. We invite you to view our display in the Gathering Hall. Yellow envelopes are available in the pews if you would like to make a gift toward future kits and quilts. Please write checks out to Grace Lutheran Church and put LWR Kits on the comment line. The LWR team is grateful for your very active and ongoing support of this ministry!

Active Grace Sunday School –Feeding the 5000!
September 16 – November 4 10:00 – 11:00 a.m.

Part of this new Service Learning model of Sunday School is that you can carry what you learn on Sunday into your week and daily lives. Our hope is that in time this will be transformative and lead you to live differently in Christ.

One way we are doing that is to issue a Weekly Challenge.

The first week's challenge was to learn more about your grocery store or the place you buy food. Where is it? How close is it to your house? What kind of selection of food do they have? Why do you go there? Do you go to more than one store to buy food? Do you go to a Farmer's Market? How often do you go to the store? How do you get there? Etc...

The second weekly challenge was to fill the bags that you decorated with non-perishable food items and return them on Sunday, September 30 when we will have a speaker from DMARC Food Pantry. If you were not here, you are still challenged to bring a bag of food with you!

Both age groups will begin and end in Grace Hall II.

Teachers and students will be dismissed near the end of worship. Parents, you may accompany your children to Grace Hall, or remain in the Pews if your children are comfortable heading to class on their own.

- Ages 5-5th grade, with middle & high school leaders. Meet and stay in Grace Hall II.
- Ages 3-4 meet with the rest of the *Active Grace* group for opening and closing each week, but go to their own classroom, room 104, for age appropriate activities during the middle of the hour.

Active Grace Facebook Group

Another way we are keeping in touch with you throughout the week is on our Active Grace Facebook group. Post and comment about how things are going at home with the Weekly Challenge and what insights may have come up as you talked through these things as a family. We will be checking in on Sunday, but this way you don't have to wait and try to remember all week what was said. If you were gone, you can also find out what the weekly challenge was. Students ages 3 through 5th grade and their families, can ask Ellen to be added to the group.

Confirmation

6th & 7th Grade Confirmation Wednesdays at 6:30 p.m. room 301

8th grade – watch for your next assignment from Ellen!

Change of Date: Confirmation Retreat, to November 3rd

Offsite, Capitol Hill Lutheran Church

During the Orientation meetings we discussed the possibility of changing the retreat date to Saturday, Nov. 3. This seems to work for most if not everyone, so please make that change to your schedule and mark **Saturday, November 3 from 9 a.m. to 5 p.m.** on your calendar. This retreat is for students and mentors. Parent leaders are welcome but not required to attend.

You will receive more information as we get closer to the date.

Every Week (not listed in calendar at right)
Sundays

9:00 a.m. Holy Communion Worship
10:00 a.m. Coffee and Fellowship in the
Gathering Hall
10:00-11:00 a.m. Active Grace Sunday School
in Grace Hall II (see page 6 for information)
10:15 a.m. Adult Education, Grace Hall I
(see page 9 for topics and presenters)

Tuesdays

8:45 – 10:15 a.m. Bible Study, Grace Hall with
Pastor Mike
10:30 – 11:30 a.m. Centering Prayer in the Upper
room, led by Julie Honsey
11:30 a.m. Staff meeting, Conference
room/Innovation lab

Wednesdays

9:00 a.m. Willing Workers work & coffee time
6:30 – 7:30 p.m. Confirmation Class
7:00 – 8:00 p.m. Chancel Choir, Music Room

Other Grace Groups!

Men's Work Group, Saturday, October 13

We meet on the second Saturday of each month,
8:30 a.m. – noon. Through breakfast, devotions,
fellowship and work around the church, our
group explores the significance of what it means
to be men of God. We welcome you to join us.

Altar Guild Meeting, meal, and fellowship:

Saturday, October 20 9:30 a.m.
Offsite for coffee, meeting, and fellowship.
Location announced through email, and
sometimes in announcements. We'd love to
have you join us for Altar Guild or just breakfast!!
Please contact anderson.sue.a@gmail.com

Grace Stitching & Needlework Group

Next meetings, Thursday, October 11 & 25
We meet every 2nd and 4th Thursdays of each
month from 10 a.m. - 3:00 p.m. in Grace Hall
Contacts: Helen Ringgenberg or Carol Krause

Grace Fellowship

Open to all members of Grace, we meet
quarterly for a light supper and program.
Sunday, October 7, 5:00 p.m. (see pg. 5)

First Circle Friends

LSI Respite Program for those in early stages of
memory loss.
Meets at Grace on the 1st & 3rd Thursdays of each
month. Contact <https://lsiowa.org>

October Calendar

1 – 10:00 – 10:30 a.m. GKC Chapel, Sanctuary
2 – 6:30 – 9:30 p.m. Des Moines Knitters Guild
4 – 10:00 a.m. – 3:00 p.m. First Circle Friends,
GHI & II
6 – 7:00 a.m. – 11:00 a.m. Lions Pancake
Breakfast, GH
7 – 3:30 p.m. Grace Fellowship Committee
5:00 p.m. Grace Fellowship
8 – 10:00 – 10:30 a.m. GKC Chapel, Sanctuary
8 – 6:00 p.m. Girl Scouts, room 301
11 – 10:00 a.m. – 3:00 p.m. Stitching Group, Grace
Hall
11 – 5:30 – 7:30 p.m. GKC Parent Board, Library
13 – 8:30 a.m. – noon Men's Work Group –
Breakfast, Fellowship, and Church Projects
14 – Hunger Hike - offsite
14 – Confirmation Dinner – offsite
15 – 10:00 – 10:30 a.m. GKC Chapel, Sanctuary
18 – 10:00 a.m. – 3:00 p.m. First Circle Friends,
GHI & II
19 – 8:30 a.m. – 5:00 p.m. Des Moines Knitting
Guild – GH
20 – 8:30 a.m. – 5:00 p.m. Des Moines Knitting
Guild – GH
20 – 9:30 a.m. Altar Guild Meeting, offsite
22 – 10:00 – 10:30 a.m. GKC Chapel, Sanctuary
22 – 6:00 p.m. Girl Scouts, room 301
23 – 6:00 p.m. Church Council Meeting
25 – 10:00 a.m. – 3:00 p.m. Stitching Group, Grace
Hall
26 – 6:00 – 9:00 p.m. GKC Trick or Trunk - GH
27 – Contemplative Prayer Retreat (see page 9)
28 – Affirmation of Baptism
29 – 10:00 – 10:30 a.m. GKC Chapel, Sanctuary
30 – 9:00 a.m. – noon CKC Eye Screenings,
Library
31 – Bell Choir begins rehearsals, music room
Nov 1 – 10:00 a.m. – 3:00 p.m. First Circle Friends,
GHI & II



November 3

9:00 a.m. – 5:00 p.m. Confirmation
Retreat, offsite



Publication Deadlines

October Friendly Visitor: October 23
Tuesday e-news: Every Monday morning.
Photos of your groups' events are always
welcome!
Sunday Announcements: Thursday
mornings.
Facebook and website news: any day of
the week – just give us a few days lead!



Warming Hearts with God's Love and a Good Pair of Mittens

Far too often, children arrive at LSI's Beloit and Bremwood Residential Treatment Centers with very little in their possession.

We give thanks for Iowa congregations who faithfully respond to these needs, year after year! As winter approaches, LSI relies on your loving support to meet the demands for winter apparel for children and youth at Beloit and Bremwood. Often, children in residential treatment have little control over their lives, so it's important for us to give children the opportunity, when possible, to shop for their new coat or mittens. Because of this, we ask that you please not donate articles of clothing. With your generous financial donation, many children will have the simple joy of choosing their new coat, knowing that they are loved and cherished.

If you would like more information, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at www.LSIowa.org and www.facebook.com/LSI.iowa.

A Loving Companion

When Tatyana came to LSI's Bremwood Residential Treatment Center in Waverly, she was lonely.

She lost her mom at a young age, and her father was incarcerated. She didn't have anyone to look up to, and the only way she knew how to cope with trauma and anger was by yelling and hitting. When she began seeing her LSI therapist, she wasn't comfortable talking about her difficult past.

Then she met a new friend, Max. Max is a three-year-old yellow Labrador Retriever, and a friendly face to everyone he sees on Bremwood's campus. Thanks to a generous donation by a local church and through a partnership between LSI and Retrieving Freedom, Max is now the official therapy dog at Bremwood.

Max has been working with Tatyana for over a year now. He sits on the sofa next to her during every therapy session, which makes her feel safe talking to her LSI team. Tatyana practices calmly giving Max commands like "sit" or "stay," which is teaching her that her voice is heard without needing to yell. She is using a calmer voice when she talks to others on campus too. The children and teens at Bremwood love seeing Max each day. And when more children like Tatyana walk through the doors for the first time, Max is there, ready to be a friendly face and let them know they will be loved and cared for at LSI.

DMARC Food Pantry Warehouse

Food donations may be dropped off at the DMARC Food Pantry Network Warehouse, located at 1435 Mulberry Street in downtown Des Moines. Monday – Thursday 8:00 a.m. – 4:30 p.m. Friday 8:00 a.m. – 3:30 p.m. View a list of our most needed items to make sure your food donation has the most impact. [Download a list of our Most Needed Items](#)



Adult Education, Sundays, 10:15 – 11:00 a.m.

Grace Hall Grab your donut and coffee, juice, or tea, then join us!

Oct. 7: Urban Bicycle Food Ministry

Caring, compassionate and creative can describe the Urban Bicycle Food Ministry. Be sure to join us as we learn about this interfaith and non-denominational organization that prepares and delivers hundreds of food and personal items by bike and car to those most in need in the greater Des Moines area.

Oct. 14, Oct 21, Oct. 28: "A Place At The Table" Documentary and discussion

In a riveting journey that will change forever how we think about the hungry, the documentary A Place At The Table, shows how the issue could be solved forever, once the American public decides - as they have in the past - that ending hunger, is in the best interest of us all.



Meals from the Heartland

Joie Gronert has signed up for 2 teams of 10 for Thursday, November 8 from 6PM to 8PM. If you want to be part of a Grace team call Joie at 279-4974 or text at 515-210-2057 or email at jgronert1@hotmail.com. The packing event will be held at the Patty Cownie Center, 357 Lincoln Street, West Des Moines, which is just south of the railroad tracks by Valley Junction. Please leave your jewelry at home.

Meals from the Heartland partners with organizations embedded in communities that face hunger on a daily basis. Meals are shipped out nationally and internationally by their distribution partner, CONVOY OF HOPE, to on-the-ground organizations such as *Many Hands for Haiti* and *Blessman Ministries*. The meals often support and supplement other programs such as teaching sustainable agriculture practices, education, healthcare, and more. The meals are also used for disaster relief, providing nutrition and hope in the midst of epidemics and natural disasters that impact entire communities. Locally, they partner with food banks such as the Food Bank of Iowa, the Des Moines Area Religious Council (DMARC) food bank network, and dozens of church-affiliated food pantries. In 2015 alone, more than one million meals were distributed across the state of Iowa.

Let's join together to lend a hand!!!

Spiritual Practices Retreat at Grace!

Transformation is nothing less than a life that manifests the very life of God.

-Galatians 2: 20

"...faith largely became believing things to be true or false (intellectual assent) instead of giving people concrete practices so they could themselves know how to open up (faith), hold on (hope), and allow an infilling from another source (love)."

-FR. Richard Rohr

Life is the classroom from which to practice. All the practices introduced are meant to bear fruit in the laboratory of life. Learning to practice being present to God in the moment of now is to live a transformed life. The world needs transformed people living and practicing in life. If you've felt the desire to experience the love of God in your very being, this is your invitation to begin the journey of living a transformed life in the present moment, the only place in which to feel God's love.

Practices: Centering Prayer, Lectio Divina, Visio Lectio, Sacred Chanting, Spiritual Journaling, Art.

Hosted by: Grace Lutheran Church Well-Being Task Force

Date: Saturday, October 27, 2018 9:00 a.m.-noon (registration begins at 8:30 a.m.)

Cost: \$30.00 per person (paid at registration)

Reservations due by October 21 to Julie Honsey, honsey.julie@gmail.com 282-8817, or Michelle Voelker, michelle@gracedm.org 276-6873

Collective Prayer for Hunger Security Initiative:

The Grace 2020 Well-Being has created this collective prayer as one way we, as a congregation, can support the current Active Grace Sunday School topic of food security/insecurity. The idea is that we all stop at 8 p.m. each evening during the next six weeks, to pray this prayer together, wherever we are. Think about those without food/water, visualize what that means, feel what that might feel like, picture our own loved ones in that situation. To quote Pastor Mike "Until our basic needs are met, our brains are not capable of understanding grace."

*You desire truth in the inward being...Create in me a clean heart...sustain in me a willing spirit.
~Psalm 51: 6-12*

God of Love,

Create in me a clean heart so that my life is a reflection of Jesus' life, keeping people who suffer from hunger and lack the necessities of life in my heart and in my presence.

Create in me a clean heart so that the purity and love in my heart would be the source of my words, feelings and actions.

Create in me a clean heart so that my spirit is willing in each moment to do your will showing compassion and mercy to all, particularly those in need.

Through Christ our Lord, I say Amen from the inner being of my heart.



Luther Park Soup Luncheon and Bake Sale

11:30 a.m. - 1:30 p.m. Luther Park Community Center 1555 Hull Ave, Des Moines, IA 50316
Fundraiser for Luther Park, freewill offering for the soup luncheon.



Higher Power in Concert – a Gospel Music Choir from Central Iowa

Sunday, October 7 at 3:00 p.m. Grand View Lutheran Church, 2930 E. 13th St.



Creating Moments of Joy along the Alzheimer's & Dementia Journey

Thursday, October 11, open to all caregivers, family, and support staff
8:30 – 11:30 a.m. or 1:00 – 4:00 p.m. Registration opens 30 minutes before each session.
Kelley Conference Room, Iowa Methodist Medical Center, 1415 Woodland Avenue, Des Moines, Iowa 50309



Belin Quartet, Nielsen Concert Series at Grand View University

Monday, October 15, 7:00 p.m. Student Center Speed Lyceum, 2811 E. 14th Street
\$15 at door, students with ID \$8

New sign for Grace Hall!



New Gathering Hall tables & furniture



On a weekday, a great place to meet!