

GRACE
LUTHERAN
CHURCH

5201 Urbandale Avenue
Des Moines, Iowa 50310
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www.gracedm.org

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Inside This Issue...

- 2... Celebrations, Visiting Friends, a Thank You, Office closure
 - 3... Spotlight: Grace Little Free Pantry
 - 4... Council & Finance Reports, Organ recital
 - 5... Grace Kids Care hiring, Lutheran World Relief Fall Drive
 - 6... Active Grace & Youth (also see insert)
 - 7... Calendar, Groups, New Member Class
 - 8... LSI Update
 - 9... Adult Education, Music Ministries, Grace Fellowship, Beaverville Fall Festival
 - 10... Spiritual Practices Workshop
- Insert: Active Grace

Sundays

Worship with Holy Communion 9:00 a.m.
Fellowship & coffee time at 10:00 a.m.

Active Grace Family Worship 11:00 a.m.
(see Calendar for dates)

Office Hours

9 a.m. – 2 p.m. Monday-Thursday, closed Friday

Fall 2019 Schedule

We're firing up programs, educational opportunities, and some new offerings. Stop in and say hello.

Fall Worship

Sunday Worship in the Sanctuary at 9:00 a.m.
Active Grace Worship at 11:00 a.m. (one Sunday a month)

Celebration Sunday, September 8

Back to School Sermon Series: As Robert Fulghum expressed in his book, "All I Really Need to Know I Learned in Kindergarten," much of the basics of life are learned through school. As this school year begins, we will dive into some of the basics of Christian Life in the Back to School Series. September 8 - Getting Supplies
Lutheran World Relief Fall Drive Kickoff and Activities (see pg 5)

Active Grace Sunday School Kickoff September 15 (pg 6, insert)

Active Grace Worship at 11:00 a.m.
Lunch & Learn at 11:30 a.m.
Rotations noon – 1 p.m.

Active Grace September 29

Guests from Waste Management 10:00 a.m.
Jester Park Picnic 4:00 p.m.

Tuesday Bible Study

Begins September 10 9:00-10:30 a.m.
Led by Pastor Mike. Meet in Grace Hall.

Centering Prayer Group, Tuesdays

10:30 -11:30 a.m. in the Upper Room. Led by Julie Honsey.

Chancel Choir

Rehearsals begin Wednesday, Sept 11, 7:00 – 8:00 p.m.
Music Room

Grace Bells

Rehearsals Sept. 8 & 15 at 8:15 a.m. in the music room.
Play in worship September 22

Confirmation

Orientation 10:30 a.m. September 8
Mentor Orientation 6:30 p.m. September 11
Confirmation meets Wednesdays, 6:30 p.m. starts September 11

New Member Class: September 15, 10:30 a.m. Innovation Lab

Happy September Birthday

- 1 - Cindy Peeler
- 2 - Michelle Voelker
Heather Nelson
- 3 - Nylya Bartelt
- 5 - Richard Snyder
Kiley Brandsfield
- 6 - Nely Ruiz
- 7 - Denny Rehder
- 8 - Ethan Meadows
- 9 - Joie Gronert
Carrie Schall
Alex Mulvihill
- 10 - John Schall
- 11 - Ian Galle
- 13 - John Trickle
Rhonda Jensen
Robert Briggs
- 14 - Katelyn Jessen
- 15 - Richard Voelker
- 17 - Lorna Johns
- 18 - Karen Mann
Rev. Michael Schmidt
- 19 - Sonny Hutton
Sarah Helt
- 20 - Frank McKinney
Cindy Wheeler
Michael Vernon
- 21 - Anthony Royster
- 22 - Jeanine Rutter
Aaron Thompson
Finnegan Holst
Kylan Appenzeller
- 23 - Susanne Carney
Angela Ringgenberg
Cory Johansen
- 24 - Michael Meadows
Thomas Rutter
Ella Oberhart
- 25 - Karen Bandy
Ellen Rothweiler
- 26 - Barb Powers
Bruce Mumm
- 27 - Jeanette Best
Jeryl Jansen
Gregory Honnold
Helen Schroeder
William Kallestad
Joshua Curry
- 28 - Ross Peeler
- 29 - LaRue Buihner
Aaron Page
Robbie Rissman



Happy September Anniversary

- 3 – Brent and Val Culp
Todd and Elizabeth Prescott
- 4 – Donald and Gail Peterson
- 5 – Charles and Tammy Denton
Lon and Denise Friesth
- 6 – Aaron and Martha Page
- 13 – Larry and Janice Nordeen
- 17 – Michael and Nicole Vernon
- 24 – Joshua and Sharena Appenzeller
- 27 – Tom and Mary Jo McCleary

Office Hours: The church office and Grace Kids Care will both be closed on Labor Day, Monday, September 2

Fellow Members of Grace,

Thank you, for the wonderful celebration following worship to receive Pastor Schmidt home from his sabbatical on August 25th. I appreciate your including me in the event. You listened with keen attention and offered kind words in response to my preaching. You participated in the 40th anniversary of my ordination to the Ministry of Word and Sacrament and allowed for the idiosyncrasies that attend someone presiding at worship differently. Thank you, for the gift bag of thoughtful greetings. It has been a blessed pleasure to have served you; and I thank Pastor Schmidt for entrusting you to my care this summer.

— Pastor Gregory Nelson Davis

Visiting Friends

The purpose of Visiting Friends is to bring loving care, attention, and concern to those who are isolated from our church family due to age, illness, or circumstance. By reaching out beyond the church walls, it is our hope that God's real presence may be sensed and felt wherever two or three are gathered.

Visiting Friends carry the Good News to members who are unable to get to church and they deliver communion to our friends at home.

During the past year, Visiting Friends traveled to several local facilities and private residences to visit and distribute communion.

If you would like to know more about Visiting Friends, have questions about the ministry, or know of someone who may benefit from the ministry, please contact:

Cheryl Weatherington
(cherylweatherington@rocketmail.com/515-669-0441),
Martha Mitchell (iwork4Him@gmail.com/515-491-3062), or
Cherie Rissman (cherierissman@gmail.com/515-205-8939).



Little Food Pantry Construction!

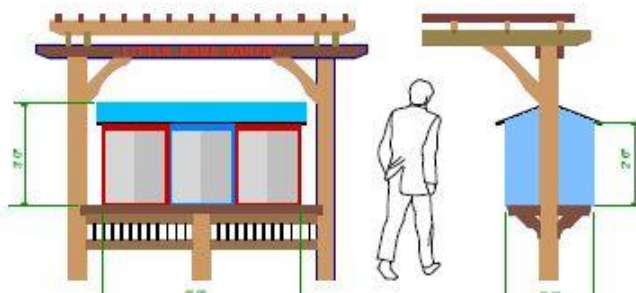
Our confirmation students became excited about constructing a Little Food Pantry (LFP) after a ConFest they attended a few years ago, and in the time since, several Des Moines schools and Drake University have set some out in local neighborhoods. Now it is happening at Grace and we're very excited! It's easy to stop by and take food from or place food in the pantry. The Little Free Pantries typically don't stay full very long at all because there is such a need.

Why: Little Food Pantries are small, so cannot possibly hold enough food to meet the needs of any one person or family. However they are a safety net, and allow neighbors to help neighbors. While Food Pantries organizations are critical in helping provide food, nutrition, and other services, they require information some families may not feel comfortable sharing, and have set hours that can conflict with those working several jobs as they try to get by. Some are too embarrassed or proud to ask for that help, especially in a middle class neighborhood. Some people simply hit a bump in the road where they temporarily need help. A Little Free Food Pantry can help meet those immediate needs, provide a snack for after school kids, or a birthday cake mix for a child whose parent is too worried about being judged when making purchases using Food Stamps. Since anyone can walk up to put something in, there is less judgement about who is seen at a Little Food Pantry.

What: Non-perishable food, toiletries, and the little library. Personal Care items are expensive, and when you are choosing between food purchases and personal care items such as shampoo, soap, deodorant, laundry soap, or period supplies, families making hard choices chose to feed their children first. By including these items we can also add to the dignity of those who are struggling. We will share suggestions of acceptable items in October.

When: Saturday, September 14th, from 9:00 a.m. – 2:00 p.m., assembly of the pergola will begin. The Men's Group will join later in the morning - we will stop work before the 3 p.m. Iowa/Iowa State game. Anyone handy with tools are welcome – please let Don Peterson know if you can help, or to ask about lending tools for the group to use. There will be an additional work day with students scheduled later that will include painting the cabinets, and a Grand Opening/stocking day.

Details: Below on the right you can see the pergola we will be using. The pergola will be installed on the East side of the building, providing shade, a bench, and watertight cabinets. The cabinets are being custom built and will be attached on the lowered railing as shown in the drawing provided by Don Peterson. These cabinets will hold donated non-perishable foods and toiletries. The Little Free Library, which had to be taken down during the winter because of the large amount of snow plowed from our lot, will be installed in this area as that committee sees fit. The bench will be a lovely place to sit and read, and having all three together can help take away any stigma of being seen at a Little Food Pantry. The bench will also provide a welcoming place for Grace Kids Care Center classes to sit during fire drills.



Church Council Highlights **From the July 23rd, 2019 Council Meeting**

At the July 23rd, 2019 Church Council Meeting:

- **Staff and Financial Reports:**
 - The Council reviewed the Staff reports submitted for the month of July.
 - Church and Grace Kids Care financial reports were reviewed and discussed. Director Edwards reported concerns regarding building security, and the Council discussed some possible solutions to be explored, including reactivation of the Security Team.
- **Capital Campaign**
 - President Bergman read Steering Committee Resolution 070919 to the Council. The resolution, passed at the July 9th Executive Committee meeting, established a Steering Committee to oversee the Capital Campaign Committee, providing guidance to that committee in defining projects, setting priorities, and general support. The Steering Committee will consist of Pastor Mike, a member of Grace Staff, a member of the Finance Committee, and members of the Congregation.
- **Other reports, new business**
 - The Council discussed plans to hold a celebration to thank Pastor Greg Davis for serving as Interim Pastor during Pastor Mike's sabbatical, and to welcome Pastor Mike back. Tammy Denton volunteered to plan the celebration with help from Council members and Staff.
 - The next Council meeting will be August 27th, 2019, 6 PM, in Grace Hall.

Respectfully,
Dave Gronert, Council Secretary

Finance Report – July Results

Financial results for July YTD are as follows:

- Pledged Offerings – Actual \$241,107, Budget \$235,750
- Other Income – Actual \$18,313, Budget \$17,625
- Expenses – Actual \$287,177, Budget \$258,646
- Net activity – Actual (\$27,758), Budget (\$5,271)



Actual net activity was unfavorable to budget by \$22,487. Pledged offerings are below budget while unpledged offerings were above budget. Expenses were significantly above budget due to boiler repairs, flooring repairs, higher insurance and snow removal costs. Additionally, \$7,829 was expensed in June for a new HVAC unit in the daycare classroom area.

Central Presbyterian Church presents: An Organ Recital **Sunday, September 15, 2019 4:00 p.m.** **3829 Grand Avenue, Des Moines, Iowa**

Featuring **Gregory Peterson**, an internationally acclaimed recitalist from Luther College, Decorah, Iowa, on Central's 43-rank Aeolian-Skinner pipe organ, with masterworks by J.S. Bach, c. Franck, H. Howells, G. Near, C. Phillips, A. Jordan and R. Speed.

Grace Kids Care is Hiring!

We are seeking staff with high energy and a passion for working with children! Ideal candidates must be able to keep up with the day to day task of caring for children ranging from 6 weeks to 5 years of age, including duties such as diapering, potty training, preparing bottles, leading activities with the children, and communicating with lead teachers and parents on a daily basis. Employees must be able to pass a background check.

We currently have fall openings for part-time positions from 3-6 Monday through Friday. We are also in need of substitute teachers. Part time staff get first consideration when we have full time openings!

More information can be found here: <https://www.indeed.com/viewjob...>

To apply for this position, you may apply online or pick up an application at the center, located at 5201 Urbandale Ave, Des Moines IA 50310.

Please contact Mary at 515-276-0943 or mary@gracedm.org for more information about our openings!



Get Creative and Make a Difference

The themes of creation and redemption are woven throughout our songs, prayers and liturgy at Grace. When we listen, speak, sing and pray, we are expressing them. They are also expressed through the mission work of Lutheran World Relief. Extreme poverty, displacement and disease, fueled by armed conflict and natural disasters, continue to burden millions of people throughout the world. God provides redemption through entities like LWR and therefore through us. By getting creative, we are bringers of His creative and redeeming word to the world. Here are tangible ways that we will do that this fall:

- LWR Fall Drive-receiving donations for our quilt and kit ministry, Sept 8- Oct 13
- Visit the LWR display in the Gathering Hall
- Sept 8- Celebration Sunday--tie quilts and design quilt blocks--all ages
- Wednesdays Sept 11-Oct 9--4:30-8:00 PM, creating quilts in Quilt Room, Msindo Hall
- Thursday morning quilting-- 9:00-11:00 AM, each week in Quilt Room, all year
- School Kit Challenge- bring supplies for a school kit to any LWR display or activity until Oct 13
- Quilt blessing during worship on Oct 13
- Create Baby Care and School Kits-- Oct 13 after worship--all ages, Grace Hall

For more information about Lutheran World Relief, or to donate directly, visit www.LWR.org



Youth Ministry – Active Grace

Contact ellen@gracedm.org

You are invited to participate!

"Grace Lutheran church is a community of faith centered in worship, held in grace, strengthened in love, and sent forth in mission in Jesus name. Our values are discipleship, community, acceptance, prayer. We see our vision as guiding people to live differently in Christ."

Perhaps these mission and vision statements sound a little familiar. They were developed by the 2020 task force and small groups have been working to implement them. Five Central pillars were developed: worship, outreach, education, well-being, and finance. Several small teams were developed to address each of these pillars. The education team focused on growing disciples utilizing a service learning approach as a way to enable us to live differently in Christ. Service learning is a process that involves preparation, action, reflection, and celebration. It is much more intentional than simply including service projects in our programming. The first phase of this approach became Active Grace and was applied to our elementary school age children. Last year we focused on bible stories and activities related to feeding the hungry, friendship, and prayer. Active Grace is expanding this year to include everyone. **You are invited to participate!** This fall we will focus on bible stories on stewardship: stewardship of creation, stewardship of resources (money and talents) and stewardship of self (body and spirit). Look for opportunities to participate in Active Grace Family Worship on first Sundays and action events on third Sundays. We look forward to learning and serving together!

Active Grace Schedule

Fall 2019

September- Stewardship of Creation

Sunday, September 15 11:00 am – 1:00 pm: Kick-off!

11:00-11:30: Active Grace Worship (Grace Hall)

11:30-12:00: Lunch and Learn

12:00-1:00: Creation Service Learning activities (**Preparation, Action, Reflection**)

Sunday, September 29

10:00-11:00. All ages activities led by Polk County Conservation

4:00-6:00 pm Active Grace family picnic @ Jester Park-no plastic challenge! (**Celebration**)

October- Stewardship of Resources (money and talents)

Sunday, October 6, 11:00 am-1:00 pm

11:00-11:30: Active Grace worship

11:30-12:00: Lunch and Learn with R.J. Rademacher from Thrivent

12:00-1:00: **Preparation** rotations

Sunday, October 20

Thrivent **Action** team projects (**Action, Reflection**)

Little Food Pantry @ Grace- 10:15 am

DMARC tour and food sorting, afternoon (time TBD)

Sunday, October 27, 9 am worship

Share pictures and stories (**Celebration**)

Children and Families in Preschool-5th grade are invited to come and participate together. Teens in 6-12 grade will have leadership and mentor roles. All other adults are invited to come and participate, this is for you too!! We are all Active Grace!

Every Week (not all listed at right)

Sundays

9:00 a.m. Holy Communion Worship
10:00 a.m. Coffee & Fellowship, Gathering Hall
Active Grace Family Worship select Sundays

Tuesdays

9:00 – 10:00 a.m. Tuesday Bible Study with
Pastor Mike will resume on September 10
10:30 – 11:30 a.m. Centering Prayer in the
Upper room, led by Julie Honsey
11:00 a.m. Staff meeting, Innovation lab

Wednesdays

9:00 a.m. Willing Workers work & coffee time
4:30 – 8:00 p.m. LWR Quilting Sessions,
Quilt room
6:30 – 7:30 p.m. Confirmation, room 301
7:00 – 8:00 p.m. Choir rehearsal, music room

Thursdays

9:00 a.m. - 11:00 a.m. Quilters
Msindo Quilting Room. Please note: this is a
no food, no perfume/added scent space.

Other Grace Groups!

Men's Work Group, Saturday, September 14.
We meet on the second Saturday of each
month, 8:30 a.m. – noon. We will begin with
breakfast in the kitchen, a devotion, followed
by work on the Little Free Pantry Pergola.

Altar Guild Meeting, meal, and fellowship:
Sunday, September 22, after church for
breakfast at Saints in Beaverdale. Contact
anderson.sue.a@gmail.com to be included on
emails.

Grace Stitching & Needlework Group

We meet every 2nd and 4th Thursdays of each
month in Grace Hall. Contacts: Helen
Ringgenberg or Carol Krause

First Circle Friends

LSI Respite Program for those in early stages
of memory loss. Typically meeting at Grace on
the 1st and 3rd Thursdays of the month.
Contact <https://lsiowa.org>

September Calendar

- 2 – Labor Day, Church Office Closed
Grace Kids Care, closed
4:30 p.m. AA Groups GH & Café
- 3 – 6:30 – 9:00 p.m. Des Moines Knitters Guild,
Grace Hall
- 4 – 4:00 – 6:00 p.m. Grace Kids Care Open
House, Gathering Hall
- 5 – 10:00 a.m. – 3:00 p.m. First Circle Friends, GH
- 6 – Wedding Rehearsal, Sanctuary
- 7 – Wedding
- 8 – **Celebration Sunday**
8:15 – 8:45 a.m. Bells rehearsal, music room
10:00 a.m. LWR Quilting Activities, Grace Hall
10:30 a.m. Confirmation Orientation, rm 301
- 9 – 4:30 p.m. AA Groups GH & Café
- 10 – 9:00 a.m. Bible Study resumes, Grace Hall
6:00 p.m. Executive Meeting
- 11 – 4:30 – 8:00 p.m. Quilting, Quilt room
5:30 p.m. Mentor Orientation, GHII
6:30 p.m. Confirmation begins
7:00 p.m. Choir Rehearsal begins
- 14 – 8:30 a.m. – noon Men's Work Group
9:00 a.m. – 2 p.m. Pergola/LFP Assembly
- 15 – **Active Grace Sunday School Kickoff!**
10:30 a.m. New Member Class – Innovation Lab
11:00 Active Grace Family Worship – Grace Hall
11:30 – Active Grace Lunch and Learn – GH
Noon – 1:00 p.m. Active Grace Rotations
- 16 – 4:30 p.m. AA Groups GH & Café
- 19 – 10:00 a.m. – 3:00 p.m. First Circle Friends, GH
- 21 – Lions Club Pancake Breakfast
- 22 – Tri-Synodical Fall Conference - WDM
10:00 a.m. Altar Guild meeting – off site
10:15 – 10:45 Fellowship Planning – Innovation
- 23 – Tri-Synodical Fall Conference – WDM
4:30 p.m. AA Groups GH & Café
- 24 – Tri-Synodical Fall Conference - WDM
6:00 p.m. Council Meeting – Grace Hall
- Newsletter submission deadline**
- 26 – 10:00 a.m. – 3:00 p.m. Stitching Group, GH
- 27 – Grace Kids Care Center Picture Day
- 29 – 10:00 a.m. Active Grace guests:
Waste Management
4:00 p.m. Active Grace Jester Park Picnic
- 30 – 4:30 p.m. AA Groups GH & Café



New Member Class

Sunday, September 15, 10:30 a.m. in the Innovation Lab.

If you are interested in learning more about what it means to be a member of Grace, join
Pastor Mike at 10:30. Contact the office at 515-276-6873 if you have questions.



Direct Support Professionals Week

Do you know someone who is a caregiver to a loved one? It is a role that is both demanding and meaningful. During September's National Direct Support Professionals Week, we celebrate all the ways in which professional caregivers help children and adults achieve their goals and build meaningful lives.

One way LSI empowers Iowans is through our Services for People with Disabilities. From 24-hour support to occasional respite care, the LSI team lifts up Iowans with disabilities as they find the confidence and independence they need to thrive in their communities.

We thank you for your faithful support of LSI – you create so many new life-changing possibilities for children, adults, and families! If you would like to learn more about how you can support crucial programming like LSI's Services for People with Disabilities, please contact Deb Whitford, LSI director of philanthropy and church relations, at Deborah.Whitford@LSIowa.org or 563-676-2065.

Our Mission: Lutheran Services in Iowa responds to the love of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at LSIowa.org and Facebook.com/LSI.Iowa.

Building Bright Futures

For 13-year-old Eric, the weekends he spends with his respite caregivers, Carolyn and David, have been life-changing.

Through LSI's Services for People with Disabilities, Carolyn and David provide temporary care for Iowa children, allowing their families and caregivers to take a well-deserved break. As respite care providers, they are helping kids like Eric become more active in their community and find hobbies they enjoy.

During every visit, Eric loves going to the movies, flying kites in the local park, discovering the newest video game, and playing with the family dogs. He's enjoyed learning how to play pool – especially when he wins a match against David.

His mom, Erika, says it's amazing to see her child bloom. Carolyn and David have created a space where Eric can relax, receive one-on-one care away from his siblings, and just be a kid.

"Spending time with Carolyn and David is something I know my son loves and looks forward to. As a mom, that's huge for me," Erika says. "Respite is one of the best decisions I've made for Eric. I thank heaven for Carolyn and David and for LSI."

DMARC Requested Donations for September: Rice

Brown Rice, Arborio, Wild rice, or rice medleys in boxes or bags: Brown or whole grain rice is the most nutritious and filling.
Jasmine Rice in large bags.

Adult Education, AFET

September 15 and September 22:

This fall, Adult Forum will join Active Grace in focusing on stewardship. We begin September 15 and 22 using the ELCA Book of Faith materials to study Genesis 1 and 2. We will use the creation story to help us understand our Creator, our own genesis, and what it means to both be a part of God's creation and care for it.

September 29:

A naturalist from the Polk County Conservation will be our special guest speaker as they share about the many habitats in our beautifully created Iowa environment. This wonderful presentation will be enjoyed with our Active Grace Sunday School. All are welcome as we learn more about the animals who make their cozy homes in Iowa.

Bells and Choir begin rehearsals again soon!

Do you enjoy making music, or being around people who enjoy making music? Then we already know you'll fit right in! Both groups rehearse in the music room under Grace Hall at the North end of the building.



Grace Bell Choir Rehearsals

Dear ringers and potential ringers, we're excited about the fall! If you're looking forward to playing bells again this season, or wondering if Bells is for you, the dates to put on your calendars are listed below. All music will be accessible for beginners. Contact Emma emma@gracedm.org with questions, and to let her know if you are coming. If you want a lesson she'll be glad to help you out (as will any member of Bells!)

- Sept. 22 play in 9 a.m. worship, rehearse Sept. 8 & 15 from 8:15-8:45 a.m.
- Dec. 8 play in 9 a.m. worship, rehearse Nov. 24 & Dec. 1 from 8:15-8:45 a.m.

Choir rehearsals begin Wednesday September 11, 7-8 p.m.



Grace Fellowship

The next meeting of Grace Fellowship will be on October 6, 2019
We meet quarterly in Grace Hall at 5:00 p.m. for a light luncheon and a program
The October program will be AARP Fraud Watch.

We'd be happy to have you join us! If you have any questions, or have a program idea, contact Karen Taylor.

Beaverdale Fall Festival September 20 & 21

Don't miss out on our Neighborhood's big fall event!

Two days and nights of food trucks, carnival, street bands, and vendors. There's a Dog Parade, Car Night, Bike Night, Talent Show, Horse Rides, Kids Zone, and Bag Tournament (limited to the first 32 teams, so go get registered!)

Plus on Saturday, the parade that winds its way through the city! Bring bags, you'll collect enough candy to get you past Halloween! To find out more, check out www.fallfestival.org

Spiritual Practices Workshop

...and it is no longer I who live, but it is Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

Galatians 2: 20

"...faith largely became believing things to be true or false (intellectual assent) instead of giving people concrete practices so they could themselves know how to open up (faith), hold on (hope), and allow an infilling from another source (love)."

-FR. Richard Rohr

Transformation is nothing less than a life that manifests the very life of God. If you've felt the desire to open up, hold on and allow an infilling of love, this is your invitation to begin the journey of living a transformed life.

Practices:

- ❖ SoulCollage
- ❖ Centering Prayer
- ❖ Enneagram
- ❖ Lectio Divina
- ❖ Visio Lectio
- ❖ Sacred Chanting
- ❖ Spiritual Journaling



Facilitated by: Julie Honsey, Enneagram Coach in the Narrative Enneagram

Deb Richards, SoulCollage Facilitator and Certified Spiritual Director

Location: Grace Lutheran Church, 5201 Urbandale Avenue, Des Moines, IA 50310

Date: Saturday, October 26, 2019

Time: 9:00 a.m.-noon (registration begins at 8:30 a.m.)

Cost: \$50.00 per person (paid at registration)

Reservations due by October 21:

Julie Honsey, honsey.julie@gmail.com

Deb Richards, yobel49@yahoo.com

Empower Luncheon

Lutheran Services in Iowa Refugee and Immigrant Services

Join Lutheran Services in Iowa's Refugee and Immigrant Services at the Empower Luncheon on Thursday, September 12th noon – 1:00 pm.

All proceeds go to support programs and services for those new to the U.S. and Iowa. For more details visit www.LSlowa.org/EMPOWER or call 515-271-7464

Men's Group at work this summer!

Thank you for all the work you do around the building!

See page 7 for more information about this monthly group.

