October 2022

The Friendly Visitor



Sunday Schedule 9:00 a.m. Worship, in-person and Online

Morning Prayer Mon, Wed, Fri at 9:30 a.m. @Gracelutherandm

> **Office & Open Building Hours** 9 a.m. – 1 p.m. Monday - Thursday

5201 Urbandale Avenue Des Moines, Iowa 50310 515-276-6873 www.gracedm.org

Pastor Michael Schmidt mike@gracedm.org

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> Organist Richard Snyder rich@gracedm.org

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Crossroads

This last Sunday, September 18th, was National Back to Church Day. Although I do not agree with the holiday as it seems to authorize a summer vacation from connecting with God in worship, it often does mark a return to worship for many. The business of summer schedules comes to an end. With the school year, there comes a bit more consistency. Programs at church begin, and people return. This year, not so much.

What has happened? Many congregations are dealing with these same realities. Will the Church ever be the same? We can look at various places for answers, the ongoing pandemic, changes in worship attendance, online worship, two years without programming, etc. We can look for answers in a lot of statistics. In the end, the only real answer comes from you. What does Church look like for you? Is it "couch church" and a cup of coffee? Is it Bible Study? Is it a commitment to the work of Christ in service of neighbor? What does that look like to you?

During the last two and a half years it has become clear that the "normal" way of being church was not working. There were many who were being left behind. There were many unspoken expectations that were turning toward resentment. Our schedule was full while the volunteer base was dwindling. As most things were set down out of necessity, it was easy to see that the Church must change. And if not the Church, then at least Grace Lutheran Church.

We are preaching a "Crossroads" series on Sunday mornings and living a Crossroads Moment as a community of faith. Unlike the stories from Luke that we are discussing on Sunday mornings, we do not know how this will end. Which path will we choose. One path is to continue the current course, with most participating in worship off site (either on-line or printed resources) while a small percentage carry everything else. This path is not sustainable but can hold for a while. Another path is to prioritize our energies and reimagine what Grace Lutheran Church can be, and what is sustainable. This path will only work if we imagine and build that future together.

Before we can live into Back to Church Day, we need to spend time discerning what Church should look like. This is important work, and we need your help. Sometime this month, you will be receiving an invite into a survey. We need your input so **(continued on page 3)**

Happy October Birthday

- I Katharine Radermacher
- 2 Margaret York Steve Johnson Christine Hines Andy Roat Eric Barks Ivy Lawson
- 3 Howard Welty
- 4 Ava Lund
- 5 Paul Nelson
- 6 Amanda Jensen
- 7 Ernestina Reaza Adam Bergman
- 8 Nelda Sampel Harlan Mortenson
- 9 Joanne Johnson Riley Mortenson Jaxsen Traver
- 11 Christopher Kallenbach Emily Harmon Daniel Harmon Jeramie Mitchell Alexander Gutmann Fred Hofferber
- 12 Greg Boeschen Benjamin Wonderlin Lucas Radermacher
- 13 Deanna Hummel Sheryl Sauerman Lt. Col. David Peterson Jessica Warren Victoria Janson
- 14 Jane Ridnour James Fenimore
- 15 Chris Lawson Eryn Lenhart Kyra Lenhart Maya Lenhart Vincent Meillier
- 16 Rev. Stephen Sherer Kara Jordahl Lukus Loehrke
- 17 Roberto Ruiz
- 18 Bruce Nelson
- 19 Isaac Justice
- 20 Patricia Schouten Sean Stickrod Stuart Turner James Briggs
- 21 Sarah Schroeder Sage Speck Owen Chenoweth
- 23 Ronald Vernia
- 24 Melissa Kallenbach



Happy October Anniversary

- 1 John and Carrie Schall
- 5 Donald and Margaret York
- 6 John and Tracy Justice
- 7 Jeryl and Chris Janson
- 12 Burke and Shirley Shiffler Louie and Sue Anderson
- 16 Ricky and Jennifer Huisman
- 17 Bill and Anna Shea
- 21 Delmar and Linda Vernia
- 22 Joel and Stacie Holst
- 23 Karri and Aaron Brandsfield
- 27 Hal and Michele Turner
- 28 Michael and Marilyn Nizzi

Pledge Packets coming soon!

Watch your mail for the arrival of your Grace pledge packet soon. We will make sure you know when they are mailed and when the return date is by placing notices in the weekly announcements and enews, and on the Grace website.

Once you complete your pledge card you can return it by mail in the enclosed envelope. Or you can bring it when you come to Grace for worship - simply place it in the offering plate as you come in. If you misplace your pledge card, or it never arrives in the mail, simply call the church office and a new one can be sent out to you. We thank you for your continued support of our mission here at Grace!

T-Shirts

We ordered a few extra gold "God's Work Our Hands" shirts. They are in the Gathering Hall! Please pick one up and wear it proudly when serving the community!



October Birthdays continued

- 25 Joyce Lewis
 - Tina Meadows
- 26 Seth Kallestad
- 27 Douglas Dinnauer
- Wilder Voelker
- 28 Max Sauerman
- 29 Col. Franklin Peterson Jessica Russell
- 30 Travis Brown
- 31 Monte Wilner Ashley Artzer Tanner Peeler Kellen Johnson

Fall Back!

Sunday November 6, 2022 we gain an extra hour of sleep as we turn back our clocks - 2 a.m. will become 1 a.m.! zzzzz



Crossroads, continued from page 1

that the Steering Committee, Council, and Staff can begin to plan for our collective future. We are at a crossroads and need your help. Will you help us?

In the meantime, if you have input that would be helpful, please reach out to me or another member of the Staff or Council.

In Christ, Pastor Mike

Greetings Friends!

Wow! September was full of adventure! Fall is here with beautiful temperatures; we are settling into the routines that come with it. I can't wait to see the leaves start to turn! Our education hour after worship has kicked off along with Tuesday morning Bible Study. I'm getting a picture of the rhythm of the congregation.

As things get back to "normal-ish," many of the leadership and members are considering what Grace looks like and how to right-size our ministry to match our in-person attendance. It's time to dream together. To vision cast together. What are you passionate about? How does it work with the mission of the church? Things moving forward will not look like they did 20 years ago at Grace or even 2 years ago pre-Covid. This is good! This allows us to create a wonderful place for us and our neighbors to celebrate the risen Christ right now and in the future. Celebrate the precious memories. Tell the stories. Just don't forget to create new ones in a way that invites, inspires, and includes others ;-)

One of my goals is to meet all our homebound members and I'm still trying to reach everyone! I'm still working my way down the list, but if you want a home visit, reach out and we can get it scheduled! Please call the office at 515-276-6873.

Also, social media has been a "thing." Back in "the day," when internship began, seminarians were given strict warnings not to make friends with the congregation. Social media made holding that line even harder. Fast forward a few years – by the time I left for Wartburg, the word was for us to make that decision. Initially, I decided to not share. Now as I'm a few months in, I can't stand it! I feel like I'm not sharing my authentic self – for good or bad. It's never too late for a course correction!

As I sit here with a blank expression staring at the computer screen I have to wonder – what would you like me to write about? Something like a journal entry? Something based on the scripture readings? Random stuff about me? (Raindrops on roses are some of my favorite things.) What would be meaningful? Drop me a line at <u>Bunny@GraceDM.org</u>.

Yours in Christ,

Vicar Bunny Stoutes



New Member Classes with Pastor Mike

These will take place after worship on the last Sunday of October, and November. They can be help in-person or by Zoom – please R.S.V.P. by calling the office! And of course, if at any time you are curious about what it means to become a member of Grace, please contact Pastor Mike. Mike@gracedm.org or 515/276-6873

Stars! Angels! Shepherds! Kings!

Mark your calendar for 9 a.m. on Sunday, December 18 during worship as we share the Christmas Story with a simple musical:

Stars! Angels! Shepherds! Kings" (by Patrick Messick) tells the Christmas story through song from the viewpoint of the stars, the angels, the shepherds and the kings, incorporating some familiar tunes:

- Twinkle, Twinkle, Little Star
- Angels We Have Heard on High
- We Three Kings

Away in a Manger The First Noel Go Tell It on the Mountain

There's a role for all – sing (large group?, small group? solo?), play handbells, play another instrument, help with simple costumes, help with a simple set design, help in advance or help the morning of worship! I'll be calling you soon!! Or if you are curious on how you can participate, call me at 515-669-7242 or email Denise@Gracedm.org

Greeters, Ushers, Lectors for Sunday worship at 9:00 a.m.

https://www.volunteersignup.org/3YPK9?classic or contact Emma, emma@gracedm.org

Sunday Morning Coffee & Donut set up

This is a great way to be welcoming to visitors, but it is possible this is something we have outgrown. If this is something you can help with even once, please signup online at the above link, or in-person at the coffee station in the Gathering Hall. If we do not have volunteers, we may discontinue coffee and donuts except for special occasions.

Worship, written materials, and other resources.

Sunday Worship now in person at 9:00 a.m. (every Sunday) Livestream online will continue to be available on our webpage and Facebook:

- On our website: On the home page, in the "Welcome to Grace" section on the <u>www.gracedm.org</u> homepage, you will see a red button "Online Worship". Click on that button to be taken to our permanent Live Player. If you see our logo, know you are in the right place and worship will begin shortly.
- On Facebook: Find worship on our Facebook page type @GraceLutheranDM into your search bar to find the page. The service will not appear as a scheduled live feed. The service will appear as live shortly before 9:00 a.m. as the stream begins. There may be a couple of minutes where you see the logo without sound. If you see that, know that you are in the right place and the service will begin shortly. Thank you for your patience.

Written materials and Announcements can be found in the Resources section of the website. Click on the word Resources at the top right of any page of the website and go from there! Or, follow this link <u>https://gracedm.org/resources/</u>

Missed a worship service? Find and watch them here.

Worship videos are usually posted on the website within 24 hours. The video is usually available on Facebook within a few minutes of the end of worship.

Sunday Fellowship You are welcome to use the Gathering Hall for fellowship after worship.

<u>Weekday Prayers</u> are 9:30 a.m. Monday, Wednesday, and Friday on Facebook. If you are not on Facebook, you can still access it by typing @GraceLutheranDM into your browser, or through this link <u>https://www.facebook.com/GraceLutheran-Church-626637384050683/</u>

Notes from Rich

The topics of recent Notes from Rich have dealt with the Schantz pipe organ, especially how it produces musical sounds and how it is tuned. This issue will address the question, "What processes are used to select the music for the prelude and the postlude?" (The purposes of the prelude and postlude were addressed previously in the February and May issues of the newsletter.) Before addressing the question of selection, a short review of the structure of the Lutheran worship service will be helpful.



The Lutheran worship service is divided into two sections: word and sacrament. The word section contains both fixed and variable elements. The *Kyrie*, Gloria, and Creed are included in almost every service although the tunes to which the musical components are sung may change weekly. The words of confession and absolution, Bible lessons, Psalms, prayers, and Gospel lessons will vary from week to week. They are appointed on a rotating, three-year cycle. The sacrament section is the same from week to week with the exception of the optional hymns sung during the distribution of Holy Communion.

My approach to selecting prelude and postlude music begins with recognizing the current season of the church year. For instance, in Advent, I will consider selecting music that addresses Advent themes of hope, joy, and expectation. In Easter, I will consider playing music that addresses hope, renewal, life, and resurrection. Similar considerations will be made for the other seasons of the church year, i.e. Christmas, Epiphany, Lent, and Pentecost.

After considering music based on the seasons of the church year, I will read the appointed lessons, the Psalm, and the Gospel to search for themes that can be emphasized. For instance, the lessons for the fourth Sunday of Easter are always about Jesus as the Good Shepherd, so I look for music containing that theme. There is a similar Sunday on the Good Shepherd in August too. Searching for themes within the scripture lessons is most useful during the season of Pentecost when the lessons are about Jesus' teachings and not about his life.

Next, I will review the hymns that have been selected for the worship service. The three hymns, especially the middle one (often referred to as the "Hymn of the Day), will generally fit a theme within the Gospel lesson for the day. Playing arrangements and choral preludes based on one or more of the hymns sung within the service aids in unifying and emphasizing the themes.

Finally, if I am unable to find inspiration from the season, the lessons, or the hymns, I will consider a welcoming or inviting hymn arrangement for the prelude. Usually the prelude music tries to bridge the transition from secular to sacred. For the postlude, I will consider music compositions that are upbeat, lively, and potentially spirit-lifting. The postlude offers a great opportunity to play something that is just plain fun.

SUNDAY, OCT. 9 "LIVE FROM NEW YORK ... "

3:00 PM "Met Gala" N.Y. Cheesecake & Art Show by MainFrame 4:00 PM Organ Concert by KENT TRITLE of the N.Y. Philharmonic and Cathedral of St. John the Divine

6:00 PM Reception

Free Admission, register at dmfirstchurch.org or 515-244-6209 See Poster on the Bulletin boards across from the Grace office for more details.

Little Free Pantry Update and Plan

In the few short weeks since the Little Food Pantry program expanded, we have learned lots and want to share all this great news with you! I'd like to express gratitude to all the lead volunteers who made the project a success and to all the volunteers who put the pedal to the metal on God's Work Our Hands day as the supply room was transformed into a stock room. Here's the big one – I'd like to extend a super thank you to the volunteers to have signed up to be pantry fillers. We didn't know exactly what this would look like. We didn't know the time commitment. There are



also many more things that we still don't know – but you took the leap of faith and stepped up where it was greatly needed. I can't thank you enough.

Moving forward, this is what it is going to look like. First, in a week or two, we are going to ask the current pantry fillers what is working and what is not working, time spent, etc. Then, we will have another round of asking for more pantry fillers and share a realistic expectation and scope of the volunteer positions.

Getting food to the pantry will be an ongoing process. The plan is a follows:

- 1. Ask the membership and friends of Grace to consider adding a reoccurring donation earmarked for the Little Food Pantry. (This is your ask. Please help if you can!) You can also purchase food and drop it off directly in the pantry or in the entryway of the church.
- 2. Find grants for funds! We have already applied for one grant and are looking at two more. If you know of grants or have a knack for writing those requests, please contact me right away. We will use some of the grant money for food and some of it for advertising.
- 3. We need to get the word out to the community describing the need. The location of the Little Food Pantry is well known to those who need it, but not to the rest of the community. We need the neighborhood to help us keep it stocked. An advertising campaign on Facebook, the newspaper, and other sources will help spread the word of the need.

Your patience with the process (and with me) are greatly appreciated as we learn what is working, what is not working, and how best to use our time and treasure as we serve our neighbors.

Little Free Pantry Request of the week

Each week we'll list something that we are missing or low on in the backup pantry. If you will be shopping and want to contribute, please place your donations in the wagon in the entryway! Volunteers will take those items to the backup storage and distribute as needed. If the church is locked, you can also place items directly into the Little Free Pantry at ANY time.

You may also:

- make a contribution or set up a monthly donation using the "Give" page on this website. Our shoppers will purchase items in bulk, on sale to make the most of your contributions.
- place an order from our <u>Amazon wish list</u> (have items sent to Grace Lutheran Church, 5201 Urbandale Avenue, Des Moines, Iowa 50310)
- choose to contribute other items you wish to share at any time.

THANK you for your continued support.



Leaving a Legacy

Lutheran Services in Iowa (LSI) has responded to the love of Jesus Christ through compassionate service for more than 150 years. We have created a legacy of lifting up and empowering thousands of our Iowa neighbors, thanks to the generosity of our supporters.

Through LSI, lowans also have the opportunity to leave a legacy of their own. When you include LSI in your will or estate planning, you are making a lasting impact for years to come. By including LSI in your will or living trust, you are ensuring that we can continue our mission and ministry well into the future.

LSI is now offering seminars to those interested in learning more about legacy gifts, wills and final wishes.

If you would like more information on how you can include LSI in your estate planning, please contact Deb Whitford, LSI Director of Philanthropy and Church Relations, at <u>Deborah.Whitford@LSIowa.org</u> or 563.676.2065. LSI is also available to provide a customized virtual shared ministry opportunity for your congregation. If you would like to share the message of LSI with your community, please visit LSIowa.org/church-relations or contact our Waverly office at 319.352.2630 to get started.

Our Mission: Lutheran Services in Iowa responds to the Iove of Jesus Christ through compassionate service. LSI is an affiliated social ministry partner of the Iowa congregations of the ELCA (Evangelical Lutheran Church in America) and a member of LSA (Lutheran Services in America). We proudly serve people of all ages, abilities, religions, sexes, gender identities, national origins, ethnicities, races, and sexual orientations. Learn more at <u>www.LSIowa.org</u> and <u>www.facebook.com/LSI.iowa</u>.

Making a Lasting Impact

Phil has had a connection to LSI since his college years. While taking social work classes at Wartburg College, he was asked to tutor a student at LSI's Bremwood Residential Treatment Center in Waverly. Even years later, he and his wife, Phyllis, continued to support LSI programming by making a donation around Christmas each year.

When Phyllis passed away in 2012, Phil began looking at their investments and considering how he could make a positive impact long-term. While at a church event, he met an LSI staff member and learned about a charitable trust program. He decided to establish four benefactors – including LSI – in his planned giving.

"LSI can use the money in a wise, caring way for people who are at risk or who really need help, and in a way that nobody else is doing." Phil says. "Through planned giving, LSI and these other causes will be able to continue what they're doing even when I'm gone."

We are in need of just a few more teams to fill the food pantry with all the wonderful donations that have been brought in!

At print time, we have slots available on Tuesday & Friday morning, Saturday and Sunday afternoons. The actual time is not critical, we just need someone who can stop by each morning or afternoon.

You can sign up as a solo person, a family team, a ministry team, with friends, or just grab someone who sits near you and make a plan. Thanks for being a part of the solution to combat food insecurity. Sign up in the Gathering Hall or email <u>Bunny@GraceDM.org</u>.

Lydia/Martha Circle

We had a lovely relaxed morning with a light brunch in late September, and enjoyed catching up. We would love to have you join us at our next meeting in October!

Thursday, October 27 9:30 a.m. in Grace Hall Please RSVP to: Martha Mitchell 515-491-3062 or Marilyn Nizzi 515-270-2017.

Photo Collage provided by Martha Mitchell

Gorgeous flowers on our front porch, planted and tended by Marilyn Nizzi.

Photos by Denise Friesth







Sunday School helpers needed!

Can you volunteer one Sunday to sit in as a helper in Sunday school? We have teachers, but for the safety of our kids we need a second adult in each classroom. We have two classes that need helpers: K-5th and 6-12th. Might you be able to accompany one class for one Sunday?

It'll be a great way for our youth to get to know different people in our congregation, *but does not require you to prepare or teach unless you decide this is something you would like to do.* Sign up by adding your name to the whiteboard in the Gathering Hall or by emailing Bunny@GraceDM.org. Thanks!

Sundays:

9:00 a.m. Worship 10:00 a.m. Elementary, Middle/High school, and Adult Education OR All-Church Service Projects. Check the Bulletin Boards for Schedules!

Finance Report – August Results

Financial results for August YTD are as follows:

- Income Actual \$260,624, Budget \$289,033
- Expenses Actual \$269,132, Budget \$277,683
- Net activity Actual \$(8,508), Budget \$11,350

Actual net activity was below of budget by \$19,858. Pledged offerings are the primary reason for the difference. Pledged offerings are below budget by \$25,853, which has continued to increase from the previous months. This variance is offset by several expense categories that are below budget.

Grace Lutheran Church Congregational Highlights

Call to order – Meeting called to order at 6:00 P.M.

Devotions – Pastor Mike – 1 Corinthians

Adoption of Agenda – Carter moved, Bruce seconded, motion passed.

Approval of Minutes from July 26 meeting – Dean moved, Kevin seconded, motion passed. Staff Reports – received prior to the meeting for review.

- Reviewed August financial report. Concern expressed regarding the lack of movement on budgeted pledges. Generally, summer months have low activity. Request a comparison across several years see how this year compares to previous years. Suggest that finance committee meet to review data.
- b. Concerns expressed across several staff reports regarding volunteer base and how to increase participation from the congregation. Question about increasing the volunteer base or cutting back on some activities due to lack of diversity of volunteers.

Old Business

a. Reconciling in Christ – Where do we stand? General sense of where the council is right now on this initiative. Request to have a representative from a local congregation that has gone through the process.

New Business

- a. Mission Action Fund Reviewed Version 3 of the fund guidelines and the application. Kevin will make the requested updates and send to Alex for dissemination for approval via email.
- b. Balancing our Fundraising need to review the various options and timings for planning upcoming asks. Individual asks per project or load the mission fund and take from it?
- c. Committee Night evangelism, finance, outreach (mission action team), stewardship, member care? What other committees are important to reenergize? Can check annual reports online.
- d. How do we request, organize, and share feedback with Pastor Mike? Form a personnel committee to develop evaluation tools and feedback process for Pastor Mike.

Questions/General Discussion

a. Need to address upkeep and maintenance issues at Todd's house. More information to come.

Adjournment – Alex adjourned the meeting at 7:38 P.M.

Respectfully submitted, Jenny Rehder Congregational Council Secretary



Food & Supply Delivery for Families Still in Afghanistan - UPDATE

Well, I have realized for some time now that I need to get an official update and thank-you out to the Congregation. Your outpouring was awesome. Donations from Grace members totaled over \$3,900, which was enough for 21 food & supply packages to be delivered to 14 families in Afghanistan (including one family displaced to Pakistan). There is even one delivery that has continued monthly since February. And equally as exciting, the two families from Kabul have since made it to the United States. One has settled in California and the other, my close friend Yousuf and his family, are settled right here in Des Moines.

But, as you may have seen in the news, the Taliban continue to limit the rights of women, harrass and kill people who don't comply with their personal wishes, search people's homes looking for signs of resistance, and defund government services that some people are relying on for their survival. These are all situations that have been shared with me by my contacts in Mazar-e-Sharif, Kabul, and Islamabad (Pakistan). Another development is that, beginning in August in Samangan province, the Taliban is cutting back on staffing in education offices, resulting in lost paychecks. My friend who is now living in Islamabad has shared the personal situations of 4 families for which he is asking for help. The husbands of two families lost their jobs in the Monitoring and Evaluation departments, this department was completely eliminated. Another family lost a job when the schools sports department was eliminated. My friend was even able to share documents (some in Farsi and some in Pashto) that show the staffing cuts.

Ok, with all of that upsetting news, this is where you can help. Just like my first fundraising campaign, a donation to Heart of an Ace again allows you to choose to send a food and supply package directly to a family that you specify. Within a couple days, I receive a delivery photo as a sort of receipt for the donation. This is important in a county that struggles with corruption. I have included Heart of an Aces website and also the breakdown of the packages with their price and included items. Food and supply packages can even be customized if there is something that the family particularly needs or items that they don't need as much.

If you would be interested in helping, let me first say Thank You for your kindness. Then, I can say there are two ways to donate:

- If you want to help with a specific family, you can call or text me to pledge a donation of either \$125 or \$225 (see package contents on page 11). Then, when the next need for food arises, I will send you a weblink (via either your choice of text or email) to the Heart of an Ace organization. The secure weblink will accept a payment via PayPal and will connect your donated funds to the specific delivery that I have already set up.
- 2. The other way to donate is to simply go to https://www.heartofanace.org and make whatever donation amount you would like. With this option, your donation will go to their food delivery fund and is used when there are un-funded food requests that have come in from other Americans who are in contact with Afghan families in need.

Call me or text me at 515-210-6960 and I can answer any questions you might have. (I can also answer any questions you have about the families, I love to share about this!) Thank you in advance for your support! https://www.heartofanace.org

Eric Weber



Left: A food delivery funded by Grace members, Right: HajiZada and Weber family dinner

Food & Supply Delivery for Families Still in Afghanistan Package Options

Regular Help Package

Sustains 1-3 people for 1 month, or larger group for shorter <u>Cost</u>: US\$125 (including delivery)¹

Item	Description	Size	Quantity
1	Flour	50.00 kg 1 pag	ck
2	Cooking Oil	5.00 L 1 bot	ttle
3	Rice (High Quality)	10.00 kg 1 pa	ck
4	Sugar	3.50 kg	
5	Green Tea	1.00 kg	
6	Afghani Beans	3.50 kg	
7	Macaroni	4 packs	
8	Spaghetti	4 packs	
9	Plump Rice	7.00 kg	
10	Mung Bean	1.00 kg	
11	Salt	1 large pack of 7 packets	

Complete Help Package

Sustains 1 family for 1 month

Cost: US\$225 (including delivery)¹

lour ooking Oil ice (High Quality) ugar ireen Tea fghani Beans	50.00 kg 5.00 L 10.00 kg 3.50 kg 1.00 kg	1 bottle
ice (High Quality) ugar ireen Tea	10.00 kg 3.50 kg	
ugar Breen Tea	3.50 kg	1 pack
ireen Tea	3.50 kg	
i oon i ou	1.00 kg	
fghani Beans		
	3.50 kg	
lacaroni		4 packs
paghetti		4 packs
lump Rice	7.00 kg	
lung Bean	1.00 kg	
alt		1 large pack of 7 packets
ish Soap (Liquid)		2 bottles
ruity Jam		6 bottles
eas	5.00 kg	
omato Paste		2 bottles
ream		6 packs
air Shampoo		2 bottles
lothing Detergent Powder	3.00 kg	2 packets
otatoes	14.00 kg	
nions	7.00 kg	
irewood (for heat)	150.00 kg	
harcoal (for cooking)	35.00 kg	1 large pack
omen & Family Hygiene Products		
	lump Rice lumg Bean alt ish Soap (Liquid) ruity Jam eas omato Paste ream air Shampoo lothing Detergent Powder otatoes inions irewood (for heat) harcoal (for cooking) /omen & Family Hygiene Products	lump Rice 7.00 kg lung Bean 1.00 kg alt ish Soap (Liquid) ruity Jam eas 5.00 kg omato Paste ream air Shampoo lothing Detergent Powder 3.00 kg otatoes 14.00 kg nions 7.00 kg harcoal (for cooking) 35.00 kg

Photo Wall and Directory Help Wanted!

It's time to update our photos and directory! It's been years, many of the children have grown up, in many cases family photos don't include newer members, and new members have joined since the pandemic began!

There are several ways you can help:

- contact the office to help coordinate a photographer and events to take photos
- help mount photos and print family information when photos come in
- send a new/updated family photo for the wall if you have one
- update your directory info (photo, address, email, phone numbers <u>members.instantchurchdirectory.com</u>

Only members who have given us their email address have access to the directory. If you would like to be added, please contact <u>denise@gracedm.org</u>

Friendly Visitor Deadlines 2022

Please note the next few months have earlier deadlines than normal, so we can get Advent and Christmas issues out in advance of those seasons.

November: Friday October 21 deadline December: Thursday, November 17 Christmas mini issue: Monday December 12 January 2023: Monday, January 2



Grace Wins!

It's been a rough 2.5 years, and as we start to come together after what seems like a few false/slow starts, we can come up with a long list of all the ways in which Grace has remained active, innovative and in service of others.

We want to celebrate and recognize and cheer these accomplishments, wins, every small positive moment. And while we could make a list of what we've seen (such as things you might see on page 8, or this page), there would definitely be things we have missed or didn't know about. So we want to hear from you, in your words, what you have experienced, what you notice around the building, how you felt working on a project or with a group.

Send us: (michelle@gracedm.org, bunny@gracedm.org)

- photos if applicable (or tell us what to take a photo of!)
- what the project, event, something you witnessed/noticed even if you were not involved, a moment or activity
- at least a few words about your experience or emotions (Supported? Proud? Calm? Peaceful? Loved? Insert your own adjectives here). If you see someone else has mentioned the instance you were going to mention, PLEASE send it to us anyway.

Grace Staff will be working on ways to publish, display, and celebrate Grace Wins.

