Morning and Welcome to Grace! Announcements for April 14, 2024

Immediate Prayer Needs

Holly Honsey - wife of Ben, Charlotte Lenhart

Ongoing Prayer Needs

Karen Bandy, Ellen Batten, Gary Batten, Haley Turner Bluto, Sandy Briggs, Steve Dyson - brother of Sandy Briggs, Joanne Johnson, Gene Krauss, Brad Lint, Barb Powers, Vera Richardson - sister of Patty Allen, Dana Roby, Tony - son of Linda Rundle, Marlene Schossow - mother of Beverly Russell, Karen Taylor, Deb Ubom

Happy Birthday! Denise Friesth, Michael Flannery, Matt Speck, Ernest Weatherington, Alton Calahan, Cynthia Gronert, Justin Fenimore, Jill Boeschen, Emma Stammer, Kevin French, Jenny Reher

Communion – All communion wafers are gluten free. Find directions for communion in the bulletin margins.

Flowers on the altar glorify God and are given in honor of our children and their spouses. *Janet and Norm Trentmann*

Welcome and Thank you to Assistant to the Bishop, Deacon Jodi Shuman, for sharing your time and wisdom with us today. We're glad you're here today!



10:00 a.m. Sunday Fellowship: After worship we meet in the Gathering Hall to share coffee, donuts, juice, and fellowship between worship and the education hour.

Education Hour resumes today at 10:15 a.m.

- K-5 Sunday School Students meet in the Sunday School room by the elevators.
- 6-12 Grade Sunday School meets in the High School Room upstairs by the gym.
- Adult Education meets in Grace Hall for a conversation with Deacon Jodi Schuman.



Visits with Pastor Mike

Please call the office at 515-276-6873, or Pastor Mike directly (extension 203) to set up a time. You can also directly email mike@gracedm.org

Praying for one another is an important part of the life of a community of faith. Share your prayer needs or update your personal contact information with us by using the white Prayer Cards in your pew. Place the folded card in the offering plate or the locked office mailbox. These cards will be placed in a private envelope for the pastor to go through on Monday mornings. Information that is not confidential will be passed to the appropriate people. You may also choose to simply call 515-276-6873, or email Pastor Mike mike@gracedm.org or Vicar Adam adam@gracedm.org directly.



New Member Class, Sunday, April 28

If you are interested in becoming a member of Grace, or just curious about what that means, meet with Pastor Mike in the conference room/Innovation lab at 10:15 a.m. Call the office 515-276-6873 to R.S.V.P., or contact Pastor Mike directly at Mike@gracedm.org



April Little Free Pantry Request of the Month:

This month, we would like to request personal hygiene items for the Little Free Pantry: soap, toothpaste, deodorant, and shampoo.

You can also order items from the Grace Wish List on <u>Amazon.com</u>, which will be shipped directly to the church, or you can donate through our secure <u>GIVE</u> page where these funds will be used to purchase items to stock the pantry. Thank you for your donations.



Congratulations to Kayleigh Medhurst for winning the Annual NCAA Fundraiser pool!

With 33 entries and additional donations, the collected total for 2024 is \$200, and all will go to Kayleigh's chosen charity, Project Heal. **From the Project Heal website https://www.theprojectheal.org/**

Of the 30 million people in the United States who are diagnosed with an eating disorder, less than 20% ever receive treatment. In the United States alone, there are 30 million Americans suffering with an eating disorder, and that only includes those who receive a formal diagnosis. Despite this prevalence, less than 20% of people with eating disorders ever receive treatment. The other 24 million cannot access the care they need due to insurmountable financial and insurance barriers, in addition to pervasive systemic oppression and bias. These barriers have serious consequences: eating disorders are the second most fatal mental illness (after opioid use disorder), with one person dying as a direct result of an eating disorder every 52 minutes.



Worship volunteers

April and May dates are open for signup: each week we are looking for a greeter, lector, communion assistant, and someone to start the coffee and set out the donuts and cups. https://volunteersignup.org/3TKR7?classic



Altar Flowers - we invite you to sponsor a bouquet of flowers for the altar.

There are a few dates available yet for April & May. The cost is \$25, click the signup if online 2024 Altar Flowers signup sheet or call the office during open hours so we can check that the date you want is still available. Contact Kathy at kbowerma@hotmail.com or 971-6360 with questions.



More than 100 million U.S. adults struggle with healthcare debt.

The Mission Action Fund (MAF) Team is partnering with RIP Medical Debt to relieve Iowans of the burden of medical debt. Our goal is to lead the way on a campaign with other ELCA congregations in the Southeastern Iowa Synod. RIP Medical Debt has access to \$16 million of medical debt within the state of Iowa. The Mission Action Fund has already allocated \$10,000 for this campaign. This alone will relieve \$1,000,000 worth of debt within Iowa.

We are hoping to relieve \$2,000,000 by the end of May. The MAF is prepared to match up to \$12,000.

How can I help?

Every \$10, along with the match, will relieve another \$2,000 worth of medical debt.

Please consider contributing and challenging others to do so as well. Donations can be made directly to the campaign at Medical Debt Relief - lowa - RIP Medical Debt through May 31st. Or you may send your donation to Grace – where we have already collected an additional \$2,000. You may send a check, or use the secure online giving portal on our website https://gracedm.org/give-to-grace/. Please write checks to Grace Lutheran Church and include "Medical Debt Relief" in the memo field.

Together, we can make a lasting impact for lowans struggling with medical debt.



Thanks to everyone who participated in our Spring Lutheran World Relief Drive. We are celebrating all the kits and quilts that have been created, blessed and boxed up to go around the world. We made 35 quilts, 30 baby care kits and 220 personal care kits! Donations have totaled \$565 so far. What a blessing! Grace will become the fall Lutheran World Relief collection site for Central Iowa on October 19th. We will provide a truck to collect kits and quilts from multiple congregations, and a driver to deliver them to the LWR warehouse in St. Paul.



Save the date! Shop at Goodes Greenhouse between May 6th – 13th, and with every coupon presented, Grace will receive 10% back for the Youth program. (Coupon must be present for Grace to receive credit – either in paper or on your mobile device). Fliers can be found in the entryway, hallway near Grace Hall, and on our website. Share with your neighbors and co-workers!



Grace Lutheran Church
5201 Urbandale Avenue Des Moines, Iowa 50310
Office hours: Mon- Thurs 9 a.m. – 1 p.m.
Pastor Michael Schmidt
515-276-6873

mike@gracedm.org www.gracedm.org