

**Morning and Welcome to Grace!**  
**Announcements for March 2, 2025**

**Immediate Prayer Needs**

Evie Zimmerman, Pam Sampel's Mother-in-Law, Deanna Weber's Mother, Ken Carlson, Ellen Batten

**Ongoing Prayer Needs**

Amy Batten, Sandy Briggs, Lonnie Jessen, Dee Johnson, Brad Lint, Shyral Nelsen, Livia Ocken, Barb Powers, Ed Ridnour, Dana Roby, Tony - son of Linda Rundle, Karen Taylor, Deb Ubom

**Happy Birthday:** Sara Hilsabeck, Donald York, Victoria Meillier, Brent Culp, Jack Chenoweth

**Communion** – All communion wafers are gluten free. Find directions for communion in the bulletin margins.

**The Rose on the Altar** today is in honor of Marie Catherine Berg, born Tuesday, February 18. Parents are Mason and Melissa Berg.

**Flowers on the altar** glorify God and are given in memory of my daughter Angela Beaman Pavik's passing one year ago on March 1. *Linda Moravec*

**Visits with Pastor Mike or Vicar Jesse: we are available to meet, listen, support, and pray with you.**

Please don't hesitate to reach out - the best way to reach us is directly by phone or email as we may not see messages on Facebook or Messenger in a timely manner. Call 515-276-6873, ext. 203 for Pastor Mike or ext. 206 for Vicar Jesse. Emails are [mike@gracedm.org](mailto:mike@gracedm.org) and [jesse@gracedm.org](mailto:jesse@gracedm.org)

**Praying for one another is an important part of the life of a community of faith.** Share your prayer needs or update your personal contact information with us by using the white Prayer Cards in your pew. Place the folded card in the offering plate or the locked office mailbox. These cards will be placed in a private envelope for the pastor to go through on Monday mornings. If you prefer, contact us at the numbers above.



**Enjoy Coffee, juice, Donut Holes, and fellowship** in the Gathering Hall immediately following worship.



**Education Hour for all ages: 10:15 a.m.**

- **Adults and Middle/High School students** meet in Grace Hall, and are currently studying the Book of Acts.
- **Elementary Sunday School.** Meet in the Sunday School room across from the elevator on the office level.



**Bible Study on Genesis, open to everyone!**

We offer two options: Tuesdays in Grace Hall at 9 a.m., and Thursdays at 6:30 p.m. in room 102 downstairs.

**Every Sunday morning: Preparation for Worship:** 8:30 a.m. in the Upper Room. **What to expect:** A prayer, a short Centering-Prayer sit, and a reflective reading of the lyrics for one of the day's hymns. The practice will end with the chanting of a Psalm before heading down to the Sanctuary for worship.



**Ash Wednesday Schedule, March 5**

- **Soup Supper in the Gathering Hall: 5:00 - 6:15 p.m.**  
If you are reading this, you are invited, and welcome to join us. Free will offering accepted to help offset the cost for those providing the soups.
- **Choir Rehearsal in the Music Room (below Grace Hall): 5:30 - 6:15 p.m.**  
All who enjoy singing with others are welcome!
- **Hymn Sing in the Sanctuary: 6:15 - 6:30 p.m.**  
Rich Snyder will offer a selection of Hymns during the time between dinner and worship.
- **Ash Wednesday Worship** in the Sanctuary: 6:30 p.m.



### **Lenten Soup Supper and Signup! Just two dates remain open at printing – March 12 and April 9.**

Provide crockpots soup for one of the Wednesday Suppers. Average past attendance 25-30 people. Everything you need (aside from the soup) will be in Grace Hall/the kitchen: coffee, ladles, bowl, napkins, spoons, lemonade mix, crackers. The dishwasher will be available, should you prefer to use non-disposables.



### **Worship Volunteer Needs**

- **March 5, Ash Wednesday:** Greeter

**All March Dates are now available** Sign up using the clipboard found on a Gathering Hall table, or go to [gracedm.org](http://gracedm.org), and click on the word "Volunteer" in the upper right corner of your screen, then follow directions on the page. If reading this online just click here! [Online Worship Volunteer Signup](#).



### **Spring ahead**

Daylight Saving Time begins next week Sunday, March 9, 2025.



### **Lutheran Day on the Hill: Tuesday, March 11, 2025 8:30 a.m. – 3 p.m.**

Join LSI as they embark on a celebration of 160 years of service and impact to the State of Iowa. This free event, sponsored by LSI and the three Iowa Synods of the ELCA, is open to anyone who wants to advocate and help spread the word. [Registration is open](#) through **Wednesday, March 5th**. You can also search Lutheran Day on the Hill 2025 or reach out to Leah Nelson, [leah.nelson@lsiowa.org](mailto:leah.nelson@lsiowa.org)



### **Lutheran Services in Iowa Refugee help and matching funds!**

A generous donor is stepping up in a BIG way to support Iowa's refugee families! They are matching donations up to \$75,000 for Lutheran Services in Iowa—meaning your gift can go TWICE as far. Click the link to read the news article: <https://bit.ly/4ieTDnW> Donate today and double your impact: <https://lsiowa.org/give/>



### **March Little Free Pantry Request of the Month:**

We are all looking forward to some warmer weather as Spring is around the corner. How about a little "spring cleaning" in your kitchen? Do you have any shelf stable food items that you bought to make a recipe that you probably won't make now? Or perhaps you bought extra canned food that was on sale?

This month, we will collect any items you would like to donate for the Little Free Pantry, even if the "best buy" has expired. Most of these items are still safe to consume. Below are some guidelines.

Food may be safely eaten **past the "Best By" date** as follows:

6 months	Rice mixes
9 months	Pancake mix
12 months	Cereal, oatmeal, boxed meals, brown rice, dried beans
18 months	Peanut butter, acidic canned foods (tomatoes, pineapple)
2 years	White rice
3 years	Canned meats, canned beans, pasta
5 years	Canned soup and vegetables

You can also provide donations online through the [GIVE](#) page or provide a check payable to Grace Lutheran Church with "Little Free Pantry" in the memo. There is also a [Grace LFP Amazon Wish List](#) available where items will be shipped directly to the church. Thank you for your donations.



**Lenten Retreat with Joyce Rupp:** *Developing Equanimity Amid Life's Constant Changes*. Saturday, **March 8**, 9-noon, DMIEC, 3306 University DSM. This retreat is open to all, with proceeds donated to the scholarship fund of *Friends of Iowa Women Prisoners*, which administers scholarships towards college study for women at Mitchellville. \$40, registration required; Contact Judy Porter [judyporter@hotmail.com](mailto:judyporter@hotmail.com) for more information and to register.

Request the Being New newsletter: email [beingnew@gracedm.org](mailto:beingnew@gracedm.org)

Grace Lutheran Church  
 5201 Urbandale Avenue Des Moines, Iowa 50310  
**Pastor Michael Schmidt**  
 515-276-6873  
[mike@gracedm.org](mailto:mike@gracedm.org) [www.gracedm.org](http://www.gracedm.org)

